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1. ✈️🌐 Join us at “Study in Europe Fair” at YIA on Friday, 23 October! ⚡️📱 <New>
2. (Un)Seen | Our Moments with Loneliness 今日一起為孤獨留步
3. [OAL] CUHK Outgoing Exchange Programmes 2027-28 (Summer 2027 / Regular Term-Time 2027-28) <Updated>
4. The Changjiang Cup 2026 Global AI Protein Design Challenge (Deadline: 31st Oct 2026(Sat))
5. Student Residence Bursary Scheme 2026/27
6. Global Citizenship (GC) is now available!
7. Community Resources for Emotional Support
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Sunny Review

1. CUHK Info Day 2026 本科入學資訊日



The CUHK Info Day 2026 attracted nearly 70,000 visitors on 17th Oct (Sat). Our College booth welcomed more than 250 students, parents, and secondary school teachers, providing a valuable opportunity for us to interact with visitors and share the unique features of our College community. Thanks to the warm and engaging introductions by our passionate student ambassadors, visitors gained a deeper understanding of our entrepreneurial spirit with social responsibility, as well as the vibrant and creative life at our College. A big round of applause to our amazing Sunnies for their hospitality, energy, and enthusiasm!



Student ambassador Mr. CHOW Chun-ting (周俊廷同學) (NURSN/4) also shared his enriching College life experiences during the College Sharing Session, hosted by Dr. LAU Sin Nga Ann (劉善雅博士), Director of Admissions and Financial Aid. Through an interactive conversation with student representatives from different Colleges, the session provided prospective students and parents with a glimpse into the unique College System at CUHK.



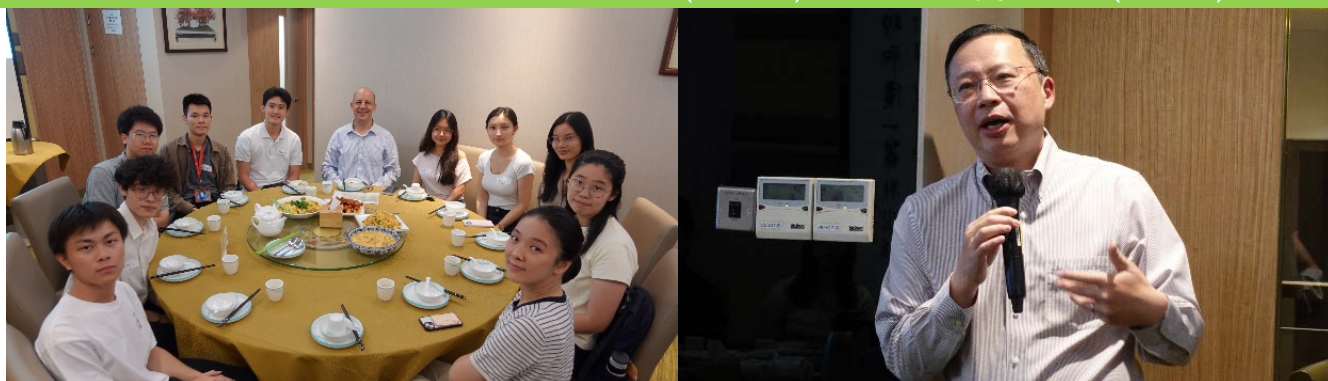
Over 35 participants joined our guided tours to explore the key learning and recreational facilities across our College campus. They were impressed by the stunning view from the Terrace of Dreams and the comprehensive facilities in the all-in-one building. The club convenors hosted an NFC Keychain Workshop for the visitors, turning the space into a hub of creativity and vibrant artwork. It was heartwarming to see so many smiling faces, and we look forward to welcoming them again soon at CUHK.





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2. The First Round Table Dinner (Term 1) 第一場書院圓桌晚宴 (上學期)



The first College Round Table Dinner took place on 15th Oct 2026 (Thu) at the College Staff Canteen. We were grateful to have Prof. Anthony T.C. Chan (陳德章教授), College Master, Dr. Jose S.H. Lai (賴陳秀卿博士), Senior College Tutor, and Mr. Jonathan Glusman, Member of the Student Exchange Committee, for hosting the dinner.



During the dinner, College members encouraged students to engage in experiential learning, understand the needs of disadvantaged groups, and consider how small actions can make positive impacts on the community. They also emphasized the value of service-learning.



The students shared their experiences of community service and what inspired them to step outside their comfort zones and try something new. They also expressed gratitude for the College's support and the numerous opportunities it provides that help them put their ideas into practice. All participants enjoyed a pleasant evening together.

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3. Congratulations to Men's Basketball Team on Capturing the 1st Runner-up at Inter-collegiate Competition



A huge congratulations to our Men's Basketball Team for making College history by securing its first-ever 1st Runner-up at the Inter-collegiate Men's Basketball Competition. This outstanding achievement reflects the team's dedication, perseverance, teamwork, and unwavering determination both on and off the court.



The College is immensely proud of how far the team has come and all that they have accomplished through their hard work and commitment. Heartfelt congratulations once again on this memorable achievement!

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4. Guided Tours of the “In Loving Memory of Prof. Lee Hon-ching” Exhibition



The College organized guided tours for students to the Art Museum’s special exhibition, *In Loving Memory of Prof. Lee Hon-ching* on last Tuesday and Wednesday. To accommodate both local and non-local students, tours were offered in Cantonese, English and Mandarin.



Prof. Lee dedicated his life to the arts, supporting the Hop Wai Arts and Culture Program at Chung Chi College, United College, and Wu Yee Sun College, bringing exhibitions and workshops to the campus. The exhibition features 60

selected works, including pieces by Li Keran, Song Wenzhi, and Liu Guosong, and is arranged into four themes: Concepts of Ink and Colour, The Power of Line, The Use of Space, and Reminders of Chinese Arts.



Through the guided tours, students learned about Prof. Lee's longstanding contributions to arts education and cultural heritage at the CUHK. They also gained new perspectives on appreciating and interpreting Chinese art by understanding the artists' ideas and exploring the style, techniques, and cultural significance of their works.

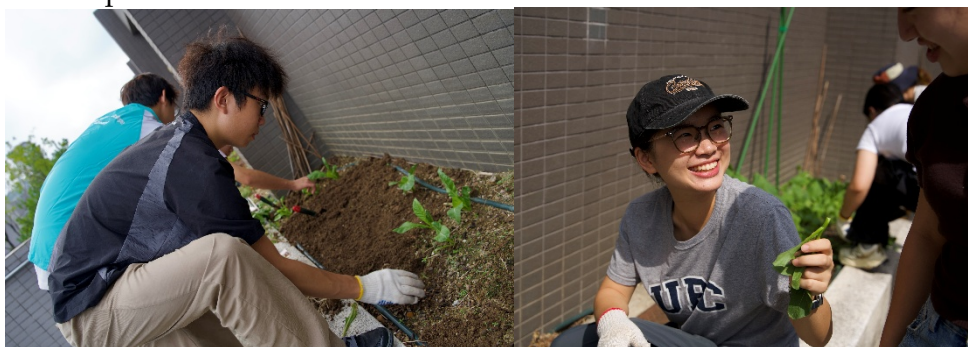
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5. Organic Rooftop Farming

The Organic Rooftop Farming successfully brought together a group of enthusiastic student farmers on 16th Oct (Fri) to experience the joy of planting under the guidance of Dr. Shu-fung Leung (梁樹風博士), member of the College Campus Environment Committee.



Thanks to the dedicated preparation by Dr. Leung and Green Team members, student farmers gained hands-on experience in the full farming cycle, from harvesting crops and removing weeds to turning soil, sowing seeds, transplanting seedlings, and watering plants. They were especially excited to select and sow their preferred seeds. Through these activities, they learned the fundamentals of sustainable farming and developed a deeper appreciation for the effort behind food production.



The rooftop farming initiative aimed at promoting sustainable living and connecting like-minded students to foster a stronger sense of community. We look forward to a fruitful harvest with the care of the student farmers.

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6. Tai Po Kau Night Insect Observation Tour 大埔滘夜行昆蟲觀察之旅



Coordinated by our Resident Tutors, residents took part in a guided night walk at the nearby Tai Po Kau Nature Reserve on 16th Oct, where they explored the rich insect and wildlife life of Hong Kong's natural environment.



During the activity, they were fortunate to encounter a variety of wildlife, including the Hong Kong Newt (香港瘰螈), Romer's Tree Frog (盧文氏樹蛙), Brown Tree Frog (斑腿泛樹蛙), Changeable Lizard (變色樹蜥), and Many-banded Krait (銀環蛇), while learning about their unique behaviours and habitats.



The activity enabled participants to gain a deeper appreciation of Hong Kong's rich biodiversity and unique natural environment. It also provided a valuable opportunity for residents to connect with one another and create enjoyable and lasting memories together.

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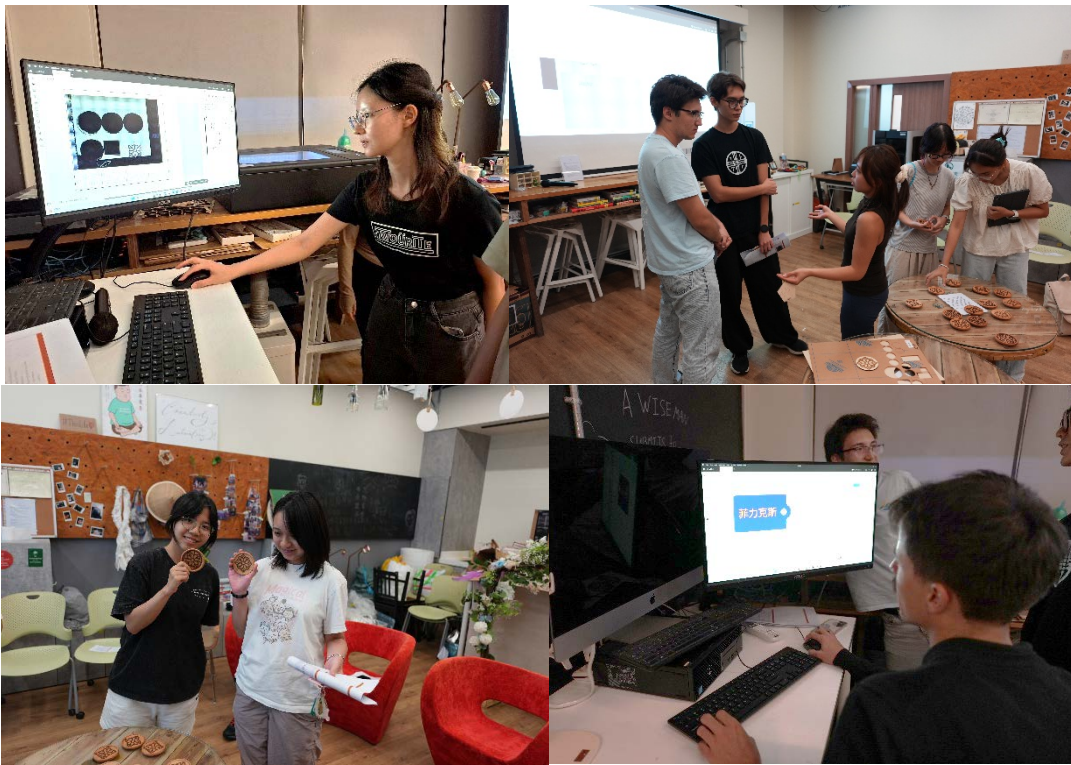
7. clab 3D Printer and Laser Cutter Basic Training



Two sessions of the 3D Printer Basic Training took place on 22nd Sep (Tue) and 13th Oct (Tue), bringing together 38 students to learn the fundamentals of 3D printing. Participants enjoyed hands-on experience operating the machines and practicing with custom templates. At the end of the workshop, they were able to take home miniature-sized figures that were printed using the machine.



Additionally, two sessions of the Laser Cutter Basic Training were held on 29th Sep (Tue) and 14th Oct (Wed). 20 students learned to operate the machine, quickly realizing that what initially seemed complex was actually simple and intuitive. They practiced cutting and engraving custom patterns, creating wooden keychains and taking home personalized DIY laser-cut coasters.



Having completed the training, participants are now eligible to reserve and use these machines until the end of their term at CUHK. Both workshops received positive feedback, and we look forward to hosting future sessions to help more students discover c!ab. Booking details are available on the [College website](#).



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College Activities

1. College Term-long Exchange Programme 2027/28



Applications for the **College Term-long Exchange Programme 2027/28** are now open.

A wide range of exchange opportunities is available for the 2027/28 academic year, with destinations including Australia, Canada, Italy, the Netherlands, Singapore, the United States, and more. For details, please visit the College website:

<https://wys.cuhk.edu.hk/whole-person-development/exchange/>

If you are interested in applying, please submit your application online by **4 November 2026 (Wednesday)**:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13744370>

Online Introduction Session

If you would like to learn more about the College Exchange Programme and how to better prepare for your application, you are warmly invited to join the **Online Introduction Session**:

Date: 29 Oct 2026 (Thu)

Time: 6:45pm – 8:00pm.

Previous exchange participants will also share their experiences and insights from their exchange journeys.

Please register here by 25 Oct (Sun):

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13744394>

Personal Consultation Session

If you are unable to attend the online introduction session or would prefer to discuss your exchange plans individually, you are welcome to arrange a personal consultation with the College Office. Please contact Miss Karen Sham at 3943 3935 or karensam@cuhk.edu.hk for an appointment.

Notes for Application

- The application form **must be completed in English**.
- Please ensure that you click the “Submit” button to complete your application. A confirmation email will be sent upon successful submission.
- **Late applications will not be considered or accepted.**
- Students may apply for more than one term-long or summer exchange programme offered by different CUHK units. However, each student may accept only one exchange offer (term-time or summer) from any CUHK unit.
- Applicants will have an opportunity to revise their exchange preferences in mid-January 2027, after the release of the Term 1, 2026/27 results. For the time being, please make your selections based on the information available on the [College website](#).

Bonus for “Interacting Across Cultures”

Interacting Across Cultures is an online learning platform developed by the Independent Learning Centre (ILC). The materials provide valuable insights into cultural differences, intercultural communication, and strategies for effective cross-cultural interaction.

Students are encouraged to complete Modules 1–4 and 6–7 before departure:

<https://www.ilc.cuhk.edu.hk/workshop/IAC/#c01>

Please note that completion of the modules is **not compulsory**. However, bonus consideration will be given to applicants who have completed them. Your submissions may also serve as reference materials for interviewers during the selection process.

Should you have any questions or wish to arrange a personal consultation, please feel free to contact me at karensam@cuhk.edu.hk or 3943 3935.

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2. 523 Banquet - 19th College Anniversary



< The following email is drafted by the Organizing Committee of 2026 College Anniversary and sent via the College. 以下電郵由2026年院慶籌備委員會撰寫，並經書院傳送。>

🎉 🎁 🎊 Registration for the Mysteryee Forest 523 Banquet is Now Open! 🎊 🎁 🎉

As part of the 19th Anniversary Celebration of Wu Yee Sun College, our annual highlight event, the 523 Banquet, is finally here! 🎉 🎊

Looking for a chance to reunite with your Ocamp friends? 🧑🏻 Want to have a gathering with your teammates or college mates? 🍷 Or simply enjoy a night of great food, live performances, and exciting lucky draws with your friends? 🎁 🎊 You definitely don't want to miss this year's 523 Banquet!

That night, we will be serving a hearty Chicken Hotpot 🍲 and Pepper Pork Tripe Hotpot 🍲 to keep everyone warm and satisfied on this autumn evening! 😊 Besides the feast, we have an amazing lineup of performances waiting for you 🎉: 🎸 The Hertz 🎵 Shaw Band 🎵 Wu Yee Sun Music Society 🎵 Join us to celebrate the 19th birthday of Wu Yee Sun College and light up the night together! 🎉 🍰

Of course, the thrilling Lucky Draw Session 🎁 🎊 is here! Exciting prizes are waiting for lucky winners, and everyone has a chance to win! 🍀

Date: 4 November 2026 (Wednesday)

Time: 18:30–22:00

Venue: Wu Yee Sun College Student Canteen

Ticket Prices:

EC Member: \$160

Non-EC Member: \$210

Group Ticket: \$1,920/table (12 people)

Payment Methods: FPS / PayMe / AlipayHK

🔗 Registration Link:

<https://docs.google.com/forms/d/e/1FAIpQLSfcknYE8hhCYeSN4N4Z3rUS39dbmgTGabb5rPawqgy16ALWHw/viewform>

✉ For any enquiries, feel free to contact us:

IG: [@wysanni26](https://www.instagram.com/wysanni26)

🌲 🌲 🌲 Mystery Forest 523 人宴開始報名啦！🌲 🌲 🌲

傳說每逢森林慶典來臨，來自四方八面嘅冒險者都會聚首一堂，共享美食、美妙音樂同難忘回憶！🍄 🍄

今年伍宜孫書院 19 週年院慶，當然唔少得一年一度嘅 523 人宴啦！🍷 ❤️ 想同 Ocamp 朋友 reu？👯 想同莊員莊聚？👉 又或者想約埋一班 friend 一齊食好西、睇表演、抽大獎？🎁 🌲 咁就千祈唔好錯過今年嘅 523 人宴！

當晚我哋準備咗暖笠笠嘅雞煲 🍲 同 胡椒豬肚火鍋 🍲，陪大家喺秋夜入面大飽口福！😋 除咗有豐富晚宴之外，仲有精彩表演等緊大家 🎭 🌲！今年邀請到：🎤 The Hertz 🎤 Shaw Band 🎵 宜孫 Music Society 同大家一齊炒熱全場氣氛，慶祝宜孫 19 歲生日！🎂 🍰

當然仲少不了最刺激嘅抽獎環節啦 🎁 🔥！豐富獎品等緊幸運兒帶返屋企，人人都有機會中獎！🎉

日期：4/11/2026（三）

時間：18:30-22:00

地點：伍宜孫書院學生飯堂

收費：

EC：\$160

非 EC：\$210

團購票：\$1,920/臺（12 人）

付款方式：FPS / Payme / AlipayHK

🔗 報名連結：

<https://docs.google.com/forms/d/e/1FAIpQLSfcknYE8hhCYeSN4N4Z3rUS39dbmgTGabb5rPawqgy16ALWHw/viewform>

✉ 如有任何疑問／查詢，歡迎聯絡我哋：

IG： [@wysanni26](https://www.instagram.com/wysanni26)

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3. The Secret World of Wild Animals @ Kadoorie Farm and Botanic Garden 動物覓趣



Through guided exploration and close-up encounters with animals, participants will learn about local wildlife, their habitats, and the challenges they face in a rapidly changing environment in the field. Whether you are a wildlife enthusiast or a curious beginner, it is a valuable opportunity for participants to reflect on how humans and animals can coexist harmoniously.

- Animal trace exploration (specimen contact)
- Visit local wildlife and listen to their stories
- Animal encounters
- Visits to exotic wildlife and understanding how animals adapt to different environments
- Gifts for animals – Handmade environmental enrichment toys

Event Details

Date: 14th Nov 2026(Sat)

Time: 8:45am – 3:45pm (*Round-trip shuttle bus provided*)

Venue: Kadoorie Farm and Botanic Garden 嘉道理農場暨植物園

Language: Cantonese (supplemented with English)

Round-trip Shuttle Bus

Pick-up: 8:45am @ University Station Piazza | 9:00am @ Wu Yee Sun College

Drop-off: 3:30pm @ University Station Piazza | 3:45pm @ Wu Yee Sun College

Lunch: Please bring your own lunch or enjoy a self-paying vegetarian lunch at KFBG.

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13744985>

Deposit: HK\$100 (Refundable upon completion of whole activity)

Deadline: 5:30pm, 4th Nov 2026(Wed)

Enquiry: Ms. Sonia Yu (3943 3937 / soniayu@cuhk.edu.hk)

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4. Energy Conservation Incentive Scheme for Student Hostels 學生宿舍節約能源獎勵計劃

This initiative features engaging competitions and dynamic educational programmes designed to inspire responsible energy consumption among the vibrant student community.

Empowering Training Webinar

All hostel residents—including dedicated Student Energy Ambassadors, wardens, and tutors—are invited to a webinar on **Responsible and Smart Energy Consumption in Student Hostels:**

Date	10 th Nov 2026(Tue)
Time	10:30am-11:30am

Platform	Zoom
Speakers	- Ms Andrea Leung, a strategist and programme director with over 20 years of experience in the areas of net-zero, climate change and environmental sustainability - Representatives from the Social Responsibility and Sustainable Development Office
Language	Cantonese / English
Registration	Complete the Online Application Form by 5 th Nov 2026(Thu)

Call for Applications for Student Energy Ambassador Projects

Student Energy Ambassadors are invited to apply for funding from ECIS-SH to create and execute innovative publicity, education, and engagement projects in their hostels. This is a chance to compete for the prestigious **Innovation and Engagement Awards** – each winner will receive an e-certificate and a cash prize of up to \$4,000!

- Funding Guidelines: click [here](#)
- Application Deadline: 20th Nov 2026(Fri)

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5. ✨ 🌿 🌟 Mysteryee Forest 招募冒險者中! 🌟 🌿 ✨



✨ 🌿 🌟 Mysteryee Forest is Recruiting Adventurers! 🌟 🌿 ✨

A legendary magical forest is arriving at Wu Yee Sun this November! 🧝 🧝 To celebrate the 19th Anniversary of Wu Yee Sun College, we are inviting all adventurers to join our College Anniversary EC family and uncover the mysteries hidden within Mysteryee Forest! 🌿 🌿

As an EC member, not only will you get the chance to organise exciting anniversary events with an amazing team, but you will also receive an exclusive OC/EC hoodie 🧥 🌟, join our O-Night 🎧 🎮, and meet lots of like-minded friends along the way!

Which team suits you best? 🧐

Want to unleash your creativity, decorate our magical forest, and help bring the world of Mysteryee Forest to life? 🧙 Join the Promotion Team! If you'd like to work closely with guests and performers while helping to organise an unforgettable banquet night, then the Banquet Team 🍷 is perfect for you! Love vibrant atmospheres, event planning, and game booths? Join the Sunny Festival Team 🌞 and help transform our forest fair into the grandest celebration of the year! Want to design challenges and lead participants on an exciting journey through the forest? The Adventure Team 🗺️ is definitely your stage!

Whether you're a wizard 🧙, fairy 🧚, adventurer 🧭, or guardian of the forest 🌲, there's a place for you in Mysteryee Forest!

Join us now and create magical memories for the 19th Anniversary of Wu Yee Sun College together! Check out our booth at Welcoming Tea Gathering tomorrow! 💖 ✨

🔗 Sign up [here](#)

✉ Contact / Enquiries: IG: [@wysanni26](#)

傳說中嘅魔法森林即將喺 11 月降臨宜孫！🧙 🧚 為咗慶祝伍宜孫書院第 109 週年生日，我哋誠邀各位冒險者加入院慶 EC 大家庭，一齊揭開 Mysteryee Forest 嘅神秘面紗！🧭 🌲

作為 EC，除咗可以同一班朋友仔一齊籌備精彩活動之外，仲會獲得 OC/EC 限定 Hoodie 🧥 ✨，參加 Onight 🎧 🎮，識到一班志同道合嘅新朋友！

究竟邊個部門最適合你？👀

想發揮創意、搵下 dec 🧐、打造屬於 Mysteryee Forest 嘅魔法世界就快啲加入我哋嘅宣傳部啦！想近距離接觸嘉賓同表演者，籌辦一個難忘嘅人宴之夜，就可以考慮加入人宴部 🍷！鍾意熱鬧氣氛、活動統籌同攤位遊戲？加入大笪地，一齊將森林市集變成最精彩嘅慶典啦 🏠！想親手設計挑戰、帶領參加者展開刺激歷險旅程？歷奇部絕對係你嘅舞台 🎭！

無論你係魔法師 🧙、精靈 🧚、冒險家 🧭 定係森林守護者 🌲，Mysteryee Forest 都有你嘅位置！

快啲報名加入我哋，一齊創造屬於宜孫 19 週年嘅奇幻回憶！想了解更多啲就聽日嚟迎新茶聚同我哋傾下計啦！💖 ✨

🔗 EC [報名傳送門](#)

✉ 聯絡／查詢：IG: [@wysanni26](#)

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6. Campus Run



The annual Campus Run is back 🏃 make sure to register with your friends! 🤝

WYS Campus Run

Date: 6th Nov 2026(Fri)
Time: 11:00am – 1:00pm
Gathering Venue: Wu Yee Sun College Gallery
Eligible participants: WYS students, staff and alumni
Quota: 200 (including male & female)
Fee: Free of Charge
Application Deadline : 30th Oct 2026(Fri)

- ✳ The total length is 2.6km, with options of Full Route & Leisure Route
- ✳ 5 PE marks will be awarded to participants (For Full Route)
- ✳ Trophies for the top 3 male and female runners 🏆 and medals for 4th and 5th places 🥈 (For Full Route)
- ✳ Recommended dress code: WYS Go Green Tee

Click [here](#) to revisit last year's video and get a sense of the experience 📺

Click the link below to register and find the detailed regulations [here](#)

Registration: https://docs.google.com/forms/d/e/1FAIpQLSezbDoYegECNsDiN4OjL5CuMR4YIjTN4_AmQDC8LATdUG4OUQ/viewform?usp=dialog

If you have any enquiries, please feel free to pm @wys.sports.asso IG

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7. 你的 MBTI 是什麼？——職涯未來，由你規劃 What's Your MBTI? Plan Your Future Career



Choosing a career path is one of the most stressful decisions a student faces. What if the answer starts with understanding yourself?

In collaboration with the Youth Pastoral Psychotherapy Centre, we are excited to invite you to our MBTI Workshop on Career Development to help you decode your personality traits, understand your natural strengths, and align your career choices with your intrinsic motivations.

Key Takeaways:

- What are the 4 letters in MBTI?
- What is my personality type and strengths?
- How to relate my personality traits to my career choices?
- How can I apply the theories to entrepreneurship and career development?

Event Details:

- Date: 20th Nov 2026(Fri)
- Time: 7:00(pm) – 9:00(pm)

- Venue: c!ab
- Language: Cantonese
- No. of Participants: 15
- Deposit: \$50 (fully refundable upon workshop completion)

Application Deadline: 18th Nov 2026(Wed), 5:00pm

👉 **Apply now!** <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13743927>

For enquiries, please contact Ms. Carrie Zeng (carriezeng@cuhk.edu.hk / 3943 3934)

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8. Intra-hostel Air-conditioning Usage Reduction Competition



We are excited to announce the **Intra-hostel Air-conditioning Usage Reduction Competition!** This is a fantastic opportunity to contribute to a greener environment and win prizes.

Eligibility	All resident students of Wu Yee Sun College student hostels
Enrolment	All residents are automatically enrolled
Competition Period	Round 1: October 2026 Round 2: November 2026
Competition Rules	● Top 3 hostel rooms of East Block and West Block with the lowest air-conditioning usage during the competition period will be awarded. In case of a tie, winners will be selected through a random draw. ● Data retrieved from the College database will be considered final. College reserves the right to make the final decision.
Prizes	Each resident of a winning hostel room will receive one complimentary meal set at the College Café (<i>one food item valued at HK\$42 or below and one drink valued at HK\$30 or below</i>).
Result Announcement	Round 1: First week of November 2026 Round 2: First week of December 2026

Energy-saving tips: CLP ([HERE](#)) | Energy Saving for All ([HERE](#))

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9. Badminton Doubles Challenge



The Resident Tutors are excited to invite you to our **Badminton Doubles Challenge** – a fun and friendly competition open to ALL skill levels!

Date: 28th Oct 2026(Wed)

Time: 6:00pm – 9:00pm

Venue: New Asia Gymnasium

(Refreshment will be served in College after the event)

Format: Form your own **doubles team**: Men's, Women's, or Mixed Doubles

Prizes: A gift will be prepared for all participants. Extra prizes will be awarded to the top 6 players.

Rules & Regulations:

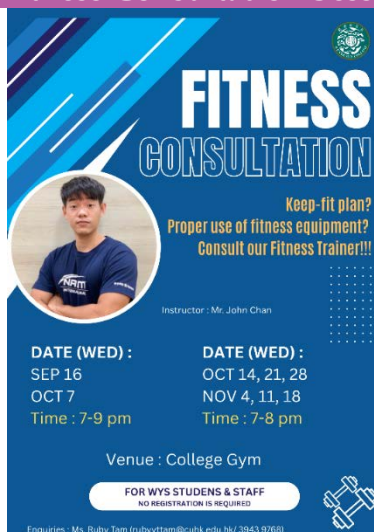
- One-set match to 31 points (with a twist: each additional male player concedes 6 points!)
- Depending on the number of teams, some may play a preliminary round
- All participants must complete an online Physical Activity Readiness Questionnaire (sent with your confirmation email)
- Please inform the Resident Tutors if you feel unwell at any point during the event
- Final rules will be explained on-site by Resident Tutor John and may be adjusted based on registration numbers

Don't miss out on this exciting event! Rally your partner and sign up now!

Registration: <https://forms.gle/jHQbCcwcaeiBcSYJ7>

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10. Fitness Consultation Sessions



Fitness Trainer is at our College's Gymnasium!!! Need guidance for a keep-fit plan or proper use of fitness equipment? Mark your calendar!

Date (Wed) :

21st , 28th Oct 2026

4th , 11th , 18th Nov 2026

Time: 7:00pm - 8:00pm

Venue: College Gymnasium

Instructor: Mr. John Chan

Target: Wu Yee Sun College students and staff (No registration is required)

Enquiries:

Ms. Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

Ms. Ruby Tam (rubyyttam@cuhk.edu.hk / 3943 9768)

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College Announcements

1. Acting Appointment 署理職務

College Master Professor Anthony T. C. Chan (陳德章教授) will be out of town from 18th Oct 2026(Sun)–20th Oct 2026(Tue) and 24th Oct 2026(Sat)–28th Oct 2026(Wed). The Acting Master arrangements are as follows:

18 Oct 2026(Sun)(am) and 24th Oct 2026(Sat) – 28th Oct 2026(Wed): Professor Kong-pang Pun (潘江鵬教授), Warden of West Block

18th Oct 2026(Sun)(pm) – 20th Oct 2026(Tue): Professor Joan Z. Zuo (左中教授), Associate College Master and Warden of East Block

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2. Co-op@CUHK - College Nomination for Full-time Internship



Co-operative Education Programme ([Co-op@CUHK](#)) is a university-wide initiative to strengthen undergraduate students' commercial acumen through a structured learning approach by combining classroom-based education with practical work experience. The College is going to nominate suitable candidates to join this meaningful initiative. If you are interested, please submit the [self-nomination form](#) by **27th Oct 2026 (Tue)**.

Nomination Criteria:

1. Year 2 to Year 4 undergraduate students, 2026-27

2. Academic Standing – CGPA 3.0 or above [*Marginal cases would also be considered*]
3. Active participation or contribution in extra-curricular activities or social services
4. Personal attributes – Positiveness and willingness

Student Sharing

Past participating students have been excelling in their Co-op placements, gaining transformative real-world experience. Check out the video below featuring a Co-op student who reflected on his inspiring journey. More student testimonials can be found on Co-op Instagram [@cuhkcoop](https://www.instagram.com/cuhkcoop).

Enquiries:

Ms. Karen Sham (karensham@cuhk.edu.hk / 3943 3935)

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3. “China and the World in Art” 2026 “Hop Wai Arts and Culture Visiting Scholar: Chung H. Chak on Contemporary Western Art” 「藝術中與西」2026【洽蕙藝文訪問學人：翟宗浩．西方當代藝術分享會】

藝術中與西 China and the World in Art 洽蕙藝文訪問學人：翟宗浩 繪畫工作坊  第一場：2026.10.31 (六) 10:00 – 16:00 第二場：2026.11.14 (六) 10:00 – 16:00 贊助 Sponsor: 洽蕙堂 Hop Wai Tong	藝術中與西 China and the World in Art 翟宗浩・在中大 CHAK @ CUHK  香港中文大學文物館・羅桂祥閣・利希慎廊 Lee Hysan Atrium, Lo Kwee Seong Pavilion, Art Museum, The Chinese University of Hong Kong 贊助 Sponsor: 洽蕙堂 Hop Wai Tong
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Since 2007, the late Professor Lee Hon-ching has spearheaded the China and the World in Art Series through the Hop Wai Tong, with the aim of guiding members of The Chinese University of Hong Kong (CUHK) and the wider public in appreciating and understanding the unique appeal of Chinese and Western art. Over the years, distinguished artists, experts, and scholars have been invited to lead lectures and cultural activities, which have been warmly received. In 2026, the CUHK Art Museum will organise the programme, along with the support of Chung Chi College, United College, and Wu Yee Sun College. Through sharing sessions, workshops, and a pop-up display, integrated with general education, the programme seeks to enhance public understanding of Chinese and Western artistic traditions, cultural characteristics, creative techniques, and historical development.

This year, the renowned painter and art critic Chak Chung Ho is invited to serve as the “Hop Wai Arts and Culture Visiting Scholar”, leading thematic sharing sessions and painting workshops. At the same time, the Art Museum will also present the display CHAK @ CUHK 2026, featuring works donated by the artist, showing how he integrates Western painting techniques with his interpretation of Hong Kong’s natural landscapes, and exploring the innovative possibilities arising from the fusion of Eastern and Western art.

Painting Workshops (Registration deadline: 23rd Oct 2026(Fri)) (New)

Session 1: 31st Oct 2026 (Sat) | 10:00am–4:00pm

Session 2: 14th Nov 2026 (Sat) | 10:00am–4:00pm

Venue: Artist Studio, Lo Kwee Seong Pavilion, Art Museum, CUHK

Eligibility: Current CUHK students (*priority will be given to Fine Arts and Architecture students, and Art Museum Ambassadors*)

Requirements: Participants should have basic drawing and painting knowledge and skills, a spirit of exploration, and an enthusiasm for learning.

Capacity: 12 participants per session

Language: Cantonese

Registration and details: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13743450>

“CHAK @ CUHK 2026” Pop-up Display

Date: From 16th Oct 2026(Mon) to 22nd Nov 2026(Sun)

Venue: Lee Hysan Atrium, Art Museum, CUHK

Opening Hours: Following the Art Museum opening hours

About the Artist

Chak Chung Ho graduated from the Department of Fine Arts at the Chinese University of Hong Kong in 1981. After graduation, he was awarded a Monbusho Scholarship to continue his education at the Tokyo National University of Fine Arts. Chak then went on to study in the United States, completing an MA from Ball State University in 1986, an MFA from Queens College in New York, a residency at the Skowhegan School of Painting and Sculpture in Maine and the National Artists Program at the P.S.1 in New York City. Throughout the 1980s and early '90s, Chak's work was shown widely in Hong Kong, New York, Tokyo and Taipei. After living in New York for over 20 years, he returned to Hong Kong in 2009 and had taught and held exhibition at The University of Hong Kong.

Enquiries: 曾小姐 Ms. Irene Tsang (irenetsang@cuhk.edu.hk / 3943 3936)

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4. Reservation of Rowing Machines for Rowing Team Training

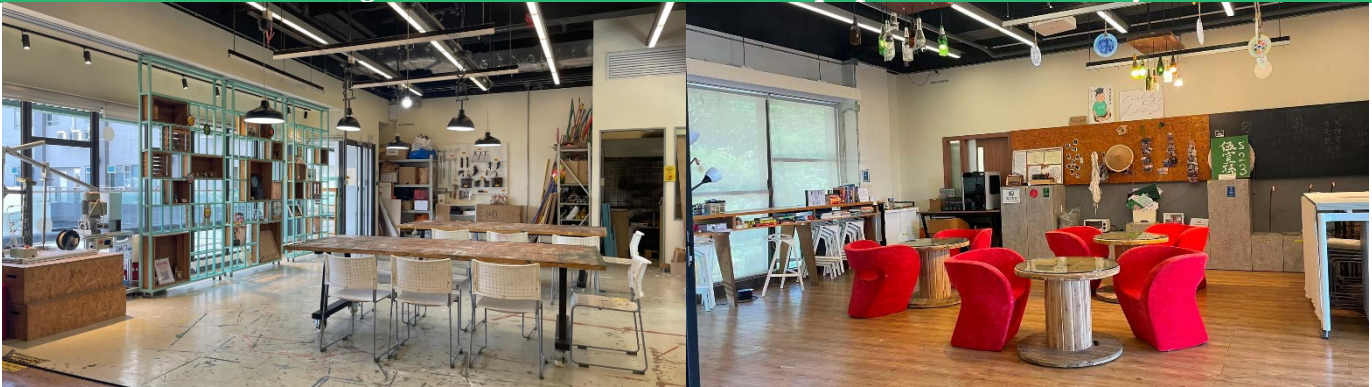
Please note that rowing machines will be reserved for Rowing Team Training from 6th Oct 2026(Tue) to 31st Dec 2026 (Thu):

Date	Time
Monday, Tuesday, Thursday, Friday	6:00pm - 8:00pm
Wednesday	6:00pm - 7:30pm

We are sorry for any inconvenience caused.

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5. Booking Guidelines for clab Venue, Equipment & Machinery



All Wu Yee Sun College students and student organizations using the c!ab’s venue, equipment and machinery for a specific period must register at least **2 weeks in advance**.

Application Forms:

- [Booking of Venue & Equipment at c!ab](#)
- [Booking of Machinery at c!ab](#)

Students must then visit the DOS Office counter **2 days before** the registered booking period with a Student ID for verification, a signed [House Rules](#), along with the deposit. Students can only begin work after official confirmation is received.

Please read the [Booking Guidelines](#) of c!ab before submitting your application.

Thank you for your cooperation, and we hope you enjoy the creative space.

For further inquiries:
Ms. Carrie Zeng (carriezeng@cuhk.edu.hk / 3943 3934)
Ms. Elisha Yting (elishaying@cuhk.edu.hk / 3943 9767)

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6. Opening Hours for College Gymnasium

The opening hours of the College Gymnasium in 2026/27 are adjusted as follows:

Facilities	Summer Opening Hours
College Gymnasium	7:00am – 11:00pm (Daily)

For energy conservation, please ensure that all lights and air conditioners are turned off if you are the last to leave the room.

Thank you for your attention and cooperation.

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**7. CUHK Art Museum presents Special Exhibition:
“In Loving Memory of Prof. Lee Hon-ching”
中大文物館呈獻「感墨鑄情——憶利漢楨教授」特別展覽**



The late Professor Lee Hon-ching (1938–2025), Honorary Fellow of CUHK and College Honorary Advisor, was a dedicated patron of CUHK arts initiatives through the Hop Wai Art and Cultural Development Fund, organized numerous art exhibitions, lectures and workshops for staff and students, supporting Chung Chi College, United College and Wu Yee Sun College in advancing the Hop Wai Arts and Culture Programme and fostering artistic exchange on and beyond campus.

This exhibition presents a significant donation from Professor Lee in tribute to his lifelong dedication to arts and culture at the University, and to his enduring wish that Chinese art be preserved, studied, and shared with the wider

community. The opening ceremony was held on 2nd July 2026 (Thu), and was officiated by distinguished guests, including our College Master Professor Anthony T.C Chan and the family of Professor Lee Hon-ching.

The exhibition is divided into four thematic sections – The Concept of Ink and Colour, The Power of Line, The Use of Space, and Reminders of Chinese Arts – which reflect Professor Lee’s artistic and scholarly journey, as well as his support for CUHK and the Art Museum. It features 60 masterpieces selected from the donated works. Highlights include Herding Buffalo by Li Keran, the great master of Chinese ink painting; Morning Scene by the Jialing River by Song Wenzhi, a leading figure of the New Jinling School; and Landscape by Liu Guosong, regarded as the father of modern ink painting.

已故中大榮譽院士及書院名譽顧問利漢楨教授（1938-2025）多年來通過「洽蕙藝術及文化發展基金」，鼎力支持崇基學院、聯合書院及伍宜孫書院推動「洽蕙藝文計劃」，每年於中大校園舉辦藝術名家的作品展覽，並為師生籌辦藝術工作坊，為校園內外的藝文活動添姿增彩。

本次展覽於中大文物館展出利教授捐贈的名家翰墨，以表揚利教授多年來在中大推廣文化藝術的無私奉獻，並貫徹他畢生致力承傳、研習和推廣中國藝術的弘願。文物館於 2026 年 7 月 2 日舉行展覽開幕典禮，並邀得利漢楨教授家屬及主禮嘉賓，包括本院院長陳德章教授等出席主禮。

是次展覽分為四大單元：「墨與色的理念」、「線條的力量」、「留白的運用」和「中國藝術的意象」，藉以貫串利教授的學藝之道，並銘懷其對香港中文大學及文物館的厚愛。展覽精選 60 件佳作，包括中國水墨畫大師李可染的《牧牛圖》、新金陵畫派代表人物宋文治的《嘉陵清曉圖》、現代水墨之父劉國松的《山水》等。

展覽詳情 [免費開放] Details of the exhibition [Free Entry]:

地點 Venue

中大文物館展廳三

Gallery III, CUHK Art Museum

展期 Exhibition Period

2026 年 7 月 3 日起至 2027 年 1 月 12 日

From 3rd July 2026 (Fri) to 12th January 2027 (Tue)

開放時間 Opening Hours |

跟隨文物館開放時間

Following the Art Museum opening hours

查詢 Enquiries: 曾小姐 Ms. Irene Tsang (irenetsang@cuhk.edu.hk / 3943 3936)

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8. Rance Lee Mentorship Programme 李沛良亦師亦友計劃



承蒙伍步昌先生和李永權先生兩位中大校友的慷慨捐助，以及劉世鏞校友的策劃，師友計劃自 2017 年創院院長李沛良教授榮休後，重新命名為「李沛良亦師亦友計劃」，以表敬意。

本計劃旨在為書院同學建立人際網路，讓同學有機會向不同行業的校友及專業人士學習，透過與學長交流，豐富其待人接物的技巧，讓同學能以人脈關係解難，達致事半功倍。

計劃特點

小組模式：3-4 位小組學長(包括資深學長、校友學長及書院老師)與 4-6 位學友配對，透過參與年度活動及各小組自行策劃的活動相約共聚，互相認識及交流。學長與學友擁有多元化的背景、不同的性格特質及各式各樣的興趣，為兩者的互動增添不少創新意念與想法，及後更可以一起發掘多種可能性。一經加入，學友身份將持續至畢業，學長與學友有更長時間建立伙伴關係，即使離開校園，可以成為校友學長，師友關係仍會持續。

立即填寫[李沛良亦師亦友計劃申請表](#)，登記成為學友，擴展你的人際網絡

為支持學長與學友保持聯繫，持續交流，書院提供每年每組 4,000 元港幣(每次活動每人支出不超過 300 元港幣)的資助，以籌劃各項小組活動或聚會，以維繫師友關係；若個別組別已耗盡其每年的資助額，其額外的支出須在活動舉辦前經書院交由李沛良亦師亦友計劃工作小組主席審批。

下載 [Activity Fund for Mentorship Gatherings 申請表格及指引](#)

Rance Lee Mentorship Programme aims at supporting our students to build up multifunctional social networks by providing students with opportunities to learn from experienced alumni and experts in different fields. Group-to-group mentor-mentee model: 3-4 mentors (including Senior Mentors, Alumni Mentors, and College teachers) will be matched with 4-6 mentees.

Mentors and mentees can spend some time getting to know each other and hanging out, followed by exploration of many possibilities together! Diversified backgrounds, different characters, and various interests bring in creative insights among mentors and mentees.

Submit the [Application Form for Rance Lee Mentorship Programme](#) and be a Mentee

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9. Visitor Policy in College Student Hostels

Visiting Hour:

CUHK Student Visitors <i>(i.e. CUHK current undergraduate and postgraduate students who do not have a hostel place at Wu Yee Sun College)</i>	Same-sex CUHK Student Visitors: 8:00 am – 12:00 am daily Opposite-sex CUHK student visitors:
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	10:00 am – 11:00 pm daily
Non-CUHK Student Visitors	Saturdays, Sundays and public holidays 10:00am – 11:00pm
Visitors and Residents of Opposite Sex	Aside from the visiting hours stated in Student Hostels Regulations, no persons (including residents) are allowed to enter the floor of the opposite sex, and no residents are allowed to receive visitors of the opposite sex unless prior permission is granted by the Wardens

Overnight Visitor:

Under special circumstances, when a visitor (who must be a CUHK student of the same sex) is invited to stay overnight, the host resident must, after obtaining the consent of his/her roommate, accompany the visitor to purchase the **'Overnight Visitor Ticket'** (HK\$60 per head per night).

Register at **Hostel Reception / Resident Tutor / Resident Association** within the visiting hours

Other Rules:

- *The visitor must be accompanied by the corresponding host resident during the stay. Any person staying at the hostel beyond visiting hours will be regarded as an overnight visitor.*
- *Only **one** visitor is allowed per room per night. Residents of the same room should not host overnight visitors more than 2 nights per week.*

Opening Hour of College Facilities

1. *WYS non-residents can access College until 11:00pm daily. Only residents can access College building after 11:00pm.*
2. *The opening hour of College Gymnasium is adjusted to 7:00am – 11:00pm.*
 - a. *First-time users should bring their valid (i) CU Link Card and (ii) CUHK Fitness Room User Certificate to College Office (G03) for registration.*
 - b. *Please be reminded not to bring in unauthorized persons or open up the gym door for anyone. Random checking would be conducted and follow up actions would be taken for any violation.*
3. *The opening hours of other College facilities can be referred at <https://www.wys.cuhk.edu.hk/about-us/campus/>.*

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10. Membership and ExCo Recruitment – WYS Alumni Association

伍宜孫書院校友會會員及幹事會招募

Want to stay in touch with your College friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the [application form](#), and upload the deposit receipt as instructed in the form. WYSAA will keep you posted about events by email, [Facebook page](#) (伍宜孫書院校友會 WYS Alumni Association) and [Instagram](#). Stay connected!

WYS Alumni Association is also recruiting new Executive Committee members. If you are eager to organize activities for our alumni and form a deeper and wider alumni network through collaboration with other alumni organizations, you are strongly encouraged to become an ExCo member! Reach out to the current chairperson, Bacary (9783 4356) – he will introduce you to the operation of the Alumni Association and answer any questions you may have.

11. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email kikiwkchan@cuhk.edu.hk for arrangement.

2) You may also approach the **University's Wellness and Counselling Centre** at **3943 7208** for help.

3) A **24-hour Emotional Support Hotline** at **5400 2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

12. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

**JOIN
WYS'S GOT
TALENT**

- Photography/Video-production
- Master of Ceremonies
- Simultaneous Interpretation
- Organizing Workshops for College Students (e.g. handicraft)
- Audio-Visual Support
- Writing
- Art & Design

Registered students may be invited to assist in different occasions
Don't hide your talents, shine in the College!

REGISTER

Enquiries:
Miss Linda Tsang (lindatsang@cuhk.edu.hk / 3543 3834)
Miss Kiki Chan (kikiwkchan@cuhk.edu.hk / 3943 9775)

The College is recruiting all sorts of talents to contribute in various College events. If you are interested in or excellent at any of the fields below, register now! Students may be invited for an interview for further discussion.

- Photography / Video-production
- Master of Ceremonies
- Simultaneous Interpretation
- Organizing workshop for College students
- Audio-Visual Support
- Writing (e.g. creative writing or student reporter in publications)
- Art & Design (e.g. posters or infographics)

Let us know what you are interested in and excellent at:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Don't hide your talents, shine in the College!

Enquires: Ms Carrie Zeng (carriezeng@cuhk.edu.hk / 3943 3934)
Miss Kiki Chan (kikiwkchan@cuhk.edu.hk / 3943 9775)

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College Funding & Awards Schemes

1. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Grab the chance, be creative!

Be Entrepreneurial! Funding Scheme supports students to implement various short-term projects fulfilling the College's core values of **creativity**, **entrepreneurial spirit**, and **social responsibility**.

All undergraduate students, regardless of discipline and year of study, are welcome to apply all year round. **The maximum funding amount is up to HK\$20,000!**

Online application is now available, simply submit your application with one click

- <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13737539>

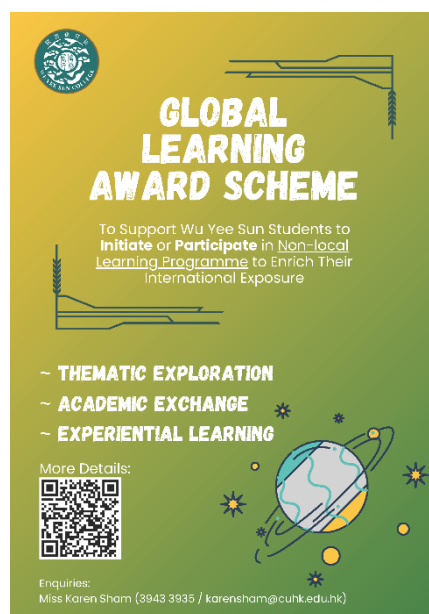
Check out the details through this [link](#).

Enquiries:

Ms. Carrie Zeng (carriezeng@cuhk.edu.hk / 3943 3934)

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2. Global Learning Award Scheme



The Global Learning Award Scheme (GLAS) aims to encourage students to initiate or participate in non-local academic or experiential learning programmes with the main purpose of LEARNING. Applicants will be awarded the “Global Learning Award” and receive the award amount after completing all post-trip requirements on time.

Students can apply for funding for the self-initiating trips, overseas programmes, and virtual programmes. For further details, please refer to the college website for application guidelines.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Winter	1st Nov 2026(Sun) – 30th Apr 2027(Fri)	1st May 2026(Fri) – 31st Oct 2026(Sat)

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13733233>

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3. Self-Motivation Fund for Health and Well-being Activities

Application & Guidelines : 

Self-Motivation Fund for Health and Well-being Activities

Self-Motivation Fund for Health and Well-being Activities encourages students to participate in various kinds of health and well-being activities in order to strengthen your **physical health** and **mental wellness**.



伍宜孫書院
WU YEE SUN COLLEGE

Enquiries:
MS Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

Health and well-being Activities



Max. funding amount

\$1500

OR

Up to 60% of application fee & course fee (whichever is lower)

Examples

- Healthy Cooking Class
- Course about Nutrition / Chinese Medicine
- Mindfulness Workshop
- Mental Health First Aid Course

Qualification Courses for Health and well-being Instructors



Max. funding amount

\$3000

OR

Up to 60% of course fee (whichever is lower)

Examples

- Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course
- Art/Music Therapy Instructor Course

Self-Motivation Fund for Health and Well-being Activities encourages students to participate in various kinds of health and well-being activities in order to strengthen your **physical health** and **mental wellness**.

Eligibility:

For Wu Yee Sun College students who participate in health and well-being activities organized by organization(s) other than the College.

There are two categories of activities you can apply :

(i) Health and Well-being Activities

Examples :

Healthy Cooking Class, Trial Course on Musical Instruments, Course about Nutrition or Chinese Medicine, Mindfulness Workshop, Mental Health First Aid Course

Funding amount : Maximum **\$1500** or Up to 60% of application fee and course fee (whichever is lower)

(ii) Qualification Courses for Health and Well-being Instructors

Examples :

Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course, Art or Music Therapy Instructor Course

Funding amount : Maximum **\$3000** or Up to 60% of course fee (whichever is lower)

Take a look at the [guidelines](#) and the [reflection template](#) to start your healthy life now!!!

Application : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283>

Enquiries:

Ms. Ruby Tam (rubyyttam@cuhk.edu.hk / 3943 9768)

Ms. Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

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4. Self-Motivation Fund for Sports Activities

Application & Guidelines:



Self-Motivation Fund for Sports Activities

Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities in order to live up the spirit "Sports for everyone"



Sports Activities

Max. funding amount

\$1500

OR

Up to 60% of application fee & course fee (whichever is lower)

Examples

Standard Chartered Hong Kong Marathon
Oxfam Trailwalker
Spartan Race
Yoga Class, Dance Workshop

Qualification Courses for Sports Coach

Max. funding amount

\$3000

OR

Up to 60% of application fee & course fee (whichever is lower)

Examples

Rowing
Rope-skipping
Orienteering
Taekwondo



伍宜孫書院
WU YEE SUN COLLEGE

Enquiries:
Ms Ruby Tam (rubyyttam@cuhk.edu.hk / 3943 9768)
Ms Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports activities** and **qualification courses for sports coach**, in order to live up the spirit "Sports for Everyone".

To enhance students' ability to adapt to challenges in life, you are encouraged to participate in activities with resilience element

Funding Amount:

Sports Activities: Maximum \$1500 or Up to 60% of application fee and course fee (whichever is lower)

Qualification courses for sports coach: Maximum \$3000 or Up to 60% of course fee (whichever is lower)

Take a look on the [guidelines](#) and [report template](#), and challenge yourself with different activities.

Application : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283>

Enquiries:

Ms. Ruby Tam (rubyyttam@cuhk.edu.hk / 3943 9768)

Ms. Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

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5. Self-Motivation Fund for Sustainability Activities

The infographic is titled "Self-Motivation Fund for Sustainability Activities". It features a green and yellow color scheme. At the top right, there is a QR code labeled "Application & Guidelines". The main title is in a stylized font. Below the title, there are two main sections: "Sustainability Activities" and "Qualification Courses for Instructors of Sustainability Activities". Each section includes a description, a maximum funding amount, and examples of activities or courses. The "Sustainability Activities" section has a max funding amount of \$1500, while the "Qualification Courses" section has a max funding amount of \$3000. Both sections mention that the funding is up to 60% of the application fee and course fee, whichever is lower. The infographic also includes the logo of WU YEE SUN COLLEGE and contact information for MS Sonia Yu.

Application & Guidelines : 

Self-Motivation Fund for Sustainability Activities

encourages students to participate in various kinds of sustainability activities that promote sustainable development and reduce inequality

Sustainability Activities

Max. funding amount
\$1500
OR
Up to 60% of application fee & course fee (whichever is lower)

Examples
Eco-cultural Tour
Uncycling Workshops
Design-thinking Workshops

Qualification Courses for Instructors of Sustainability Activities

Max. funding amount
\$3000
OR
Up to 60% of course fee (whichever is lower)

Examples
Horticultural Therapists
Docent Training on Ecotourism
Certified Environmental, Social and Governance (ESG) Planner

 伍宜孫書院
WU YEE SUN COLLEGE

Enquiries:
MS Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

To encourage students to conserve natural and cultural resources and empower the underprivileged with an aim of achieving sustainable living for everyone, Self-motivation Fund for Green Activities has extended its scope and now re-named as **Self-motivation Fund for Sustainability Activities**.

Funding Amount:

Sustainability Activities:

Maximum \$1500 or Up to 60% of application fee and course fee (whichever is lower)

Qualification courses for instructors of sustainability activities: Maximum \$3000 or Up to 60% of course fee (whichever is lower)

Take a look on the [guidelines](#) and [reflection template](#), and challenge yourself with different activities.

Application : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283>

Enquiries:

Ms. Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

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6. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students and international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

More Details: <https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/>

Enquiries:

Ms. Karen Sham (karensham@cuhk.edu.hk / 3943 3935)

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7. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Ms. Karen Sham (karensham@cuhk.edu.hk / 3943 3935)

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Other Activities & Announcements

1. ✈️🌐 Join us at "Study in Europe Fair" at YIA on Friday, 23 October! ✨🏠



The third edition of the **Study in Europe Fair** will take place on Friday, 23 October! The event is proudly organised by the European Union Office to Hong Kong and Macao in cooperation with the Consulates-General of EU Member States and The Chinese University of Hong Kong. It is a must-attend event for all Hong Kong students interested in pursuing an academic exchange or a degree programme in Europe.

Three highlights of the event:

- 12 EU countries showcasing a wide range of study and exchange opportunities for undergraduate and postgraduate students from Hong Kong, including scholarships
- Discover the EU's flagship Erasmus Mundus Joint Masters programmes and scholarship opportunities
- Chat with local alumni and hear about their unique study experiences in Europe!

Registration Link: https://www.lyyti.fi/reg/Study_in_Europe_Fair_2026

Event Details:

Date: 23rd Oct 2026(Fri)

Time: 10:30 am to 6:00 pm (Opening Ceremony begins at 11:00 am)

Venue: G/F, Yasumoto International Academic Park (YIA), The Chinese University of Hong Kong (MTR University Station Exit D)

We look forward to seeing you there!

For enquiries, please contact Mr. Clinton Chan at the Office of Academic Links by email: clintonchan@cuhk.edu.hk.

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2. (Un)Seen | Our Moments with Loneliness 今日一起為孤獨留步



University life is filled with encounters and farewells. Amid classes, assignments, and social commitments, loneliness may quietly find its way into our lives.

Perhaps it is eating alone in the campus canteen, moving into hall by yourself, feeling empty on your birthday despite countless messages, or scrolling through your phone late at night in search of companionship.

These feelings may not always be intense, but they are real.

Loneliness often goes unseen, taking many different shapes. It quietly weaves itself into everyday life, lingering in the thoughts and emotions we rarely speak about.

(Un)Seen | Our Moments with Loneliness invites you to pause and explore the many faces of loneliness through students' stories, artworks, interactive installations, videos, and immersive experiences.

Together, we reflect:

- 💡 What does loneliness look like to you?
- 💡 How do you care for yourself when loneliness arrives?
- 💡 How might we better see and understand one another?

When unseen feelings are acknowledged, shared, and understood, loneliness can become the starting point of connection.

Today, we invite you to slow down, spend a moment with loneliness, see others and be seen. ✨

- 📅 20th Oct 2026(Tue)–30th Oct 2026(Fri)
- 📍 G/F, Yasumoto International Academic Park
- 🕒 Mon–Fri 10:00 a.m.–6:00 p.m. | Sat 10:00 a.m.–4:00 p.m.
- 🎟 Free admission

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3. [OAL] CUHK Outgoing Exchange Programmes 2027-28 (Summer 2027 / Regular Term-Time 2027-28)



[Introductory Video](#)



[Application and Placement Schedule](#)



[Scholarship and Financial Aid](#)



[Useful Information](#)



[Testimonials](#)



[On-campus Outreach Activities](#)

Points-to-note for the Application

- Application for exchange in Summer 2027 / Regular Term-Time 2027-28 opens to **all** full-time undergraduate students (**including Year 1 and first year entry**) and postgraduate students.
- Students can apply for the programmes either by submitting **recommendations** from two current CUHK teaching staff or attending an **interview**.
- **IELTS or TOEFL iBT test** must be taken on or after 1st Sep 2025(Mon). IELTS One Skill Retake and TOEFL MyBest Scores results are NOT acceptable.
- Students can **only accept one exchange offer** (term time/summer) from any CUHK units.

Highlights of the On-campus Outreach Activities

Date	Time	Event	Venue
22 Oct 2026(Thu)	12:30 - 13:30	Global Explorer Briefing II (Virtual)	Zoom Register HERE
27-28 Oct 2026(Tue - Wed)	11:00 - 15:00	Information Kiosk IV	YIA Piazza (near YIA Bus Stop)

Call for action!

Come and talk to us at the [on-campus outreach activities](#) and i-Centre (1/F, YIA).
Submit your application [through CUSIS](#) now!

Should you have any enquiry about the programmes, please feel free to contact us
at 3943-7597 or via email at iasp@cuhk.edu.hk.



We look forward to receiving your application!

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4. The Changjiang Cup 2026 Global AI Protein Design Challenge (Deadline: 31st Oct 2026(Sat))

The Changjiang Cup 2026
Global AI Protein Design Challenge

“长江杯”2026
// 全球AI蛋白质设计挑战赛 //

2026年9月24日 — 2027年1月

指导单位:
上海市经济和信息化委员会
上海市科学技术委员会

主办及发起单位:
上海交通大学、上海人工智能实验室、临港实验室
四平实验室、香港中文大学、清华大学
上海科学智能研究院、未来社区

承办单位:
上海交通大学自然科学研究院

协办单位:
北京大学化学与分子工程学院、清华大学化学工程系
中国科学技术大学生命科学与医学部、复旦大学智能医学体系实验室
西湖大学工学院、国家超级计算广州中心、上海仪电集团
科学智能战略科技力量联盟

AI is moving fast in protein design. Protein structure prediction models are developing fast, and generative models can now design protein sequences that never existed in nature. AI-designed antibodies and binders are steadily making their way from research papers into pipelines. It's an exciting moment that computational science is, for the first time, truly taking part in creating the molecules of life.

The Changjiang Cup 2026 Global AI Protein Design Challenge is officially launched. Guided by the Shanghai Municipal Commission of Economy and Informatization and the Shanghai Municipal Commission of Science and Technology, the competition is jointly initiated and hosted by Shanghai Jiao Tong University, Shanghai AI Laboratory, Lingang Laboratory, Changping Laboratory, The Chinese University of Hong Kong, Zhejiang University, Shanghai Academy of AI for Science, and Engine Community. It is organized by the Institute of Natural Sciences, Shanghai Jiao Tong University, and co-organized by the College of Chemistry and Molecular Engineering, Peking University; the Department of Chemical Engineering, Tsinghua University; the Division of Life Sciences and Medicine, University of Science and Technology of China; the Research Institute of Intelligent Complex Systems, Fudan University; School of Engineering, Westlake University; the National Supercomputer Center in Guangzhou; INESA (Group) Co., Ltd.; and the Alliance of Strategic Scientific and Technological Forces for AI for Science.

This challenge focuses on de novo protein design and real wet-lab validation. Participants will design nanobodies or minibinders against different targets. The total prize pool is CNY 1,000,000, and at least 5,000 designed sequences are expected to undergo free wet-lab testing, including expression, purification, and binding assay. The challenge is open worldwide to universities, research institutes, corporate R&D teams, interdisciplinary innovation teams, independent researchers, and individuals. Registration opened on 24th Sep 2026(Thu) and closes on 31st Oct 2026(Sat).

We warmly invite researchers across AI and life sciences to join us with their models and designs. Together, let's bring AI-designed proteins into reality!

Useful Information:

Register Now: [Click Here](#)*

**Official competition page to be announced in the next phase.*

Competition Details: English Version ([Click Here](#)) / Chinese Version ([Click Here](#))

Contact Email: zbztzhz@sjtu.edu.cn

For any enquiries, please feel free to contact Dr Gene Man (geneman@cuhk.edu.hk) / Ms. Tracy Wong (tracyhwwong@cuhk.edu.hk).

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5. Student Residence Bursary Scheme 2026/27

Student Residence Bursary Scheme aims to provide a hostel grant to subsidize partial hostel fees of the needy local undergraduate students who are not able to benefit substantially from the government hostel subsidy.

Eligibility

To be eligible to apply for the CUHK Student Residence Bursary 2026/27, applicants must:

1. be local full-time undergraduate students;
2. be registered residents of the hostel and have resided in the hostel for at least 75% of the time of the term (based on the availability of the hostels for students);
3. have an average monthly household income (during the period from 1st Apr 2025(Tue) to 31st Mar 2026(Tue)) lower than the median of the monthly household income published in the recent Quarterly Report on General Household Survey by the Census and Statistics Department (*Please refer to the [Guidelines](#) for the monthly household income bandings*);
4. be not able to benefit from the government hostel subsidy or receive less than \$1,990 per term under the government hostel subsidy.

Amount of Bursary

1. For eligible needy students who are not able to benefit from the government hostel subsidy, the value of each bursary will be \$1,990 per term.
2. For eligible needy students who receive less than \$1,990 per term under the government hostel subsidy, the value of each bursary will be the difference between \$1,990 and the approved amount of the government hostel subsidy.
3. The maximum amount of bursary for residents of all types of shared rooms will be the same.

Application Procedures

1. Eligible students who live in the hostel for the first term or the whole year should submit their online application in CUSIS (Website: <https://www.cuhk.edu.hk/cusis>; MyCUHK > Click 'CUSIS' icon > Click 'Scholarships and Financial Aid' icon > Select 'Online Application Form' > Public Application > click the magnifying glass to select "Student Residence Bursary") during the application period **from 7th Sep 2026(Mon) to 30th Oct 2026(Fri)**.
2. Applicants should print out Section 7 of the online application form and submit it together with the supporting documents to the College on or before the application deadline.

Application details: <https://admission.cuhk.edu.hk/fees-financing-your-studies/financial-aid/open-for-applications/>

Enquiries:

Office of Admissions and Financial Aid (3943 1898 / 3943 7205)

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6. Global Citizenship (GC) is now available!



Global Citizenship (GC) is now available! There are 3 modules, including intercultural communication, media and technology, and global labour and employment, which you learn more about yourself and your role as a global citizen in the today's world! Check it out at <https://ilc.link/GC>

Students who complete the 3 modules in the GC series will be qualified to earn a wonderful ILC token of appreciation!

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7. Community Resources for Emotional Support

<TourHeart+ X Wellness and Counselling Centre>

TourHeart+, in collaboration with the Wellness and Counselling Centre, the Office of Student Affairs at the Chinese University of Hong Kong, provides comprehensive mental health support services for all full-time undergraduate and postgraduate students at CUHK.



It combines online self-help mental health support platform with in-person counselling services, offering tailored support levels based on the mental health needs and challenges faced by students in academic and personal lives.

<Jockey Club Electronic Clinic for Psychological Service (JC eClinic)>

Common mental disorders such as depression and anxiety are highly prevalent among young adults. The clinical psychological services team of New Life Psychiatric Rehabilitation Association aspires to make evidence-based psychological interventions more accessible and affordable to the public. They offer the following service to young adults free-of-charge :



Jockey Club Electronic Clinic for Psychological Service (JC eClinic) offers high-intensity psychological intervention through online platform for young adults with mixed diagnoses of depression and anxiety. It offers a hybrid mode of delivery, including an online platform with self-learning modules and live sessions meeting with therapists. The therapy delivered by JC eClinic is Transdiagnostic Cognitive Behavioral Therapy developed by Boston University.

Details : https://eclinic.hk/e_clinic/

<Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

24-hour Hotline: 2389 2222 (Cantonese)

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

English Emotional Support Hotline: 2389 2223

An English Emotional Support Hotline has been set up to provide emotional support to English speakers

Service Hour : Monday to Friday 6:30 pm-10:00 pm

Suicide Crisis Intervention Centre: 2341 7227 for appointment

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

Family Helpline: 2319 1177

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

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8. Independent Learning Centre (ILC) Services for Students

Independent Learning Centre (ILC) provides a resource rich environment for students to reflect on and engage in their role as Independent Learners. If you are interested in improving your academic and language skills, you can visit the ILC website regularly for the latest updates (<https://www.ilc.cuhk.edu.hk/EN/workshops.aspx>). Below are some ILC workshop highlights for the academic year 2023-24 :

1. University Study Skills Series
2. Writing Success Series
3. Job Preparation Series
4. CRE/ JRE Series
5. Exam Preparation Series

If you are looking for more advanced reading and writing skills, here are some online modules you can use: Active Reading Series (which provides tips and practices on reading journal articles more critically, more efficiently, and more effectively); Critical Thinking Series (which shows students what logical fallacies are and how to avoid them); and the Academic Publication Series (which shows novice writers the road map of getting their first papers publishes) - <https://ilc.link/ARCTAPS>

For students who think they will benefit from having a one-to-one meeting with our teachers on their specific learning needs or need guidance in devising their independent learning plan, they can book a 30-minute consultation session, and our schedule can be found here: <https://www.ilc.cuhk.edu.hk/EN/consultation.aspx>

The ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support our students. Details are available at: <https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx>

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9. Guided Imagery videos are now available on Sunshine At CUHK's YouTube and Mobile App 意象鬆弛法影片現已登陸中大有晴 YouTube 及 手機應用程式



Living in a busy city, we often feel the urge to escape and release the emotions that have been piling up. However, it's not easy to set aside a whole day from our studies or work.

Guided imagery can help you relieve stress and soothe anxiety by imagining a tranquil and pleasant place. Simply set aside 10 minutes and go on an impromptu journey with Sunshine At CUHK.

Guided Imagery – Forest (English Version): <https://youtu.be/Ie16jU9h6Kc>

♣ Walking through an imaginary forest through guided imagery and allowing yourself to relax.

Guided Imagery – Lake (English Version): <https://youtu.be/vQCrlWhy168>

🌊 Enjoying an imaginary lake view through guided imagery and finding your inner peace.

Guided Imagery – Mountain (English Version): <https://youtu.be/GZPMIsTDhKc>

🧭 Hiking on an imaginary mountain through guided imagery and awakening your inner strength.

Other guided Imagery videos are all available on Sunshine At CUHK's YouTube channel. Remember to comment, like, and subscribe!

📺 Sunshine At CUHK 中大有晴: <https://youtube.com/@sunshineatcuhk9210>

You can also enjoy the guided imagery videos in Sunshine At CUHK Mobile App under the “Mindfulness Exercise” section. Download it now!

📱 iOS: <https://apple.co/3qKoTDK>

📱 Android: <https://bit.ly/3wS5JNt>

生活在忙碌的都市之中，我們總會想出走一下，解放堆積如山的情緒。但要放下學業或工作一整天又談何容易。

意象鬆弛法可以通過想像一個寧靜宜人的地方來幫助你緩解壓力和焦慮。只要 10 分鐘，讓中大有晴陪你來一場說走就走的旅程。

意象鬆弛法 – 森林篇(廣東話版): <https://youtu.be/SnpmdYdvial>

🌲 透過意象鬆弛法，在腦海中漫步森林，讓自己放鬆一下。

意象鬆弛法 – 湖水篇(廣東話版): <https://youtu.be/D8vPbHU0teo>

🌊 透過意象鬆弛法，在腦海中欣賞湖水，尋找內心的平靜。

意象鬆弛法 – 山丘篇(廣東話版): <https://youtu.be/TstpaewapjI>

🏔️ 透過意象鬆弛法，在腦海中登上山丘，喚醒內心的力量。

其他意象鬆弛法影片盡在中大有晴 YouTube 頻道。記得留言，讚好同訂閱啊！

📺 Sunshine At CUHK 中大有晴: <https://youtube.com/@sunshineatcuhk9210>

你亦可於中大有晴手機應用程式中的「靜觀練習」欄目中觀看意象鬆弛法影片。立即下載！

📱 iOS: <https://apple.co/3qKoTDK>

📱 Android: <https://bit.ly/3wS5JNt>

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To unsubscribe, please email us at info.wys@cuhk.edu.hk.