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Sunny Review

1. College Inauguration Assembly 2026/27 (2026/27 年度書院開學禮)

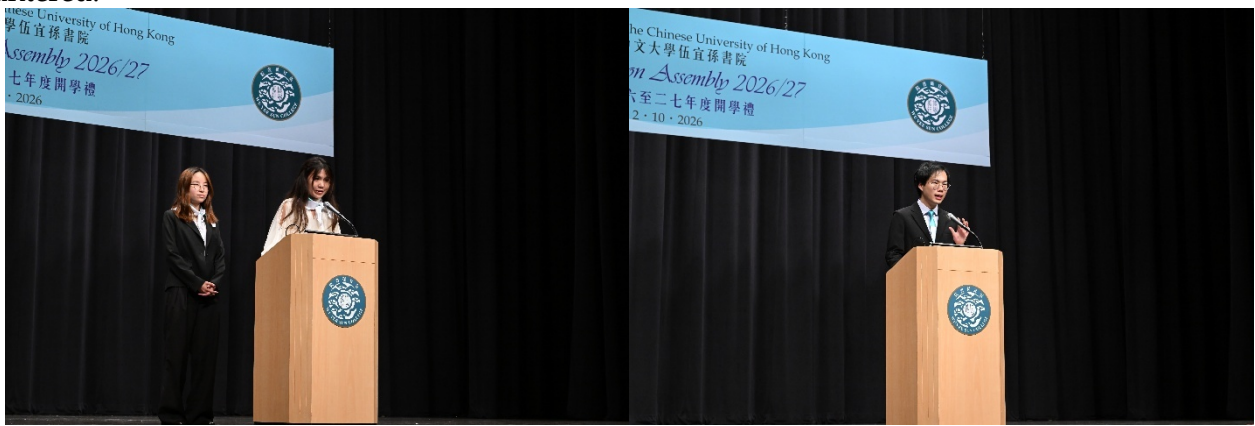
After a rewarding summer, our College members and Sunnies came together last Friday for the College Inauguration Assembly, marking the beginning of the new academic year.



The Assembly commenced with an inspiring address by the College Master, Professor Anthony T.C. Chan (陳德章教授). He welcomed students back to campus and encouraged them to embrace the College's collective purpose and discover their individual calling. Drawing on the stories of two graduates, he also encouraged students to seize opportunities with courage. He also offered a glimpse into the upcoming 20th Anniversary celebrations and invited students to contribute creative ideas to commemorate this important milestone. At the end of his address, he invited College Fellow Professor Grace L.H. Wong (黃麗虹教授), Dean of Students Professor Kelvin K.F. Tsoi (蔡錦輝教授), Associate Dean of General Education Professor Terry C.F. Yip (葉卓風教授), and student representatives from the Working Group for Student Bodies to lead the audience in singing the College Anthem, while providing the piano accompaniment himself.



Student representatives then reflected on their valuable learning journeys through service-learning and the innovative College Senior Seminar. Lok-ye Lai (黎洛懿同學)(Nursing/4) and Chun-to Wong (黃臻圖同學) (Sociology/2) reflected on their Service-learning Trip to Yunnan in the academic year 2025/26, where they served local elderly people and left-behind children. The experience helped them understand the importance of putting the needs of those they served first and observing. They also learnt to support one another and adapt their approach to the genuine needs of the people they encountered.



Chun-him Chow (周駿謙同學) (Mathematics and Mathematics Education/5) then introduced the College Senior Seminar project, ACCESS 5 YEE (伍易上斜), an accessible mobile application that provides a centralised platform for barrier-free facility information, enabling people with mobility difficulties to plan their journeys. The project received the WYS Outstanding Final Year Project Award 2025/26.





Scholarships were also presented during the ceremony, and the Assembly concluded with a group photo capturing the smiling faces of students and guests as they looked forward to the year ahead. We look forward to seeing everyone around campus and embarking on another exciting year together.

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2. College Forum - The Joy of Fish: The Writing on Fish in Taiping Yulan 豈知魚之樂：《太平御覽》的魚類書寫

- 「珠鰐」：《南越志》曰：海中有朱鰐，狀如肺，有眼，六腳，而常吐珠。見則天下大旱。
- 共同點：形體往往跨類，如蛇有翼，魚有豬毛，聲音異常。

《古今圖書集成》

The second session of the Hok Hoi Lectures brought Dr. Lo LAU (劉璐博士), a lecturer in the Department of Chinese Language and Literature at CUHK, to the audience to deliver “The Joy of Fish: The Writing on Fish in Taiping Yulan (太平御覽)”. Dr. Lau examined its entries on fish and how earlier texts described their species, forms, habits, legends, auspicious associations, and literary depictions. The lecture explored how people in ancient times classified and understood fish, and how they used them to express emotions and ideas about nature and the universe. Through these texts, students were invited to reflect on the relationship between humans and the natural world, and the connections between knowledge, imagination, and life.

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3. Mingling Dinner with Residents (Putonghua Session) 宿舍聚餐 (普通話)



Residents gathered for a delightful evening at the Mingling Dinner with Residents (Putonghua Session) held on 28th Sep 2026 (Mon). The event provided an opportunity for residents from different floors and cultural backgrounds to come together, exchange experiences, and strengthen their connections within the hostel community over a shared meal. Professor Joan Z. Zuo (左中教授), Warden of East Block, and Professor Kong-pang Pun (潘江鵬教授), Warden of West Block, and Ms. Yolinda C.Y. Wong (黃翠欣女士), College Secretary, shared encouraging words with all participants. Representatives of Resident Tutors and the Resident Association also interacted with residents and encouraged greater participation in hostel activities.



One of the evening's highlights was a lively ice-breaking game hosted by the Resident Association. It sparked laughter and lively discussions throughout the dinner, helping residents get to know one another better and fostering a stronger sense of friendship and belonging in the hostel.

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4. 'GO!' Green Award and ECIS-SH Award Ceremony 2025



Congratulations to our Student Energy Ambassadors for winning the Engagement Award and Innovation Award in the [Energy Conservation Incentive Scheme for Student Hostels \(ECIS-SH\)](#) (學生宿舍節約能源獎勵計劃) which launched in 2023 by the University. Yee-han CHAN (陳倚嫻同學) (Geography and Resource Management/2) and Chi-kwong CHAU (周志洸同學) (Theoretical Physics Enrichment/2), shared their project “The Eco-Pedalers”, which provided students an opportunity to exercise while generating energy in the ‘GO!’ Green Award and ECIS-SH Award Ceremony 2025 held on 30th Sep 2026 (Wed).



Our College has also been recognized with the Platinum Award and Energy Conservation Award in the same ceremony, Professor Joan Z. Zuo (左中教授), College Associate Master, received the awards on behalf of our College.

Student Energy Ambassadors Project Awardees 2025

Award	Project Title	Student Energy Ambassadors
Engagement Award	Yee Lighten	Cheuk-yi CHENG 鄭焯兒同學 Hoi-ching KWOK 郭凱晴同學 Yan-Tung TAM 譚恩彤同學
Innovation Award	The Eco-Pedalers	Yee-han CHAN 陳倚嫻同學 Chi-kwong CHAU 周志洸同學

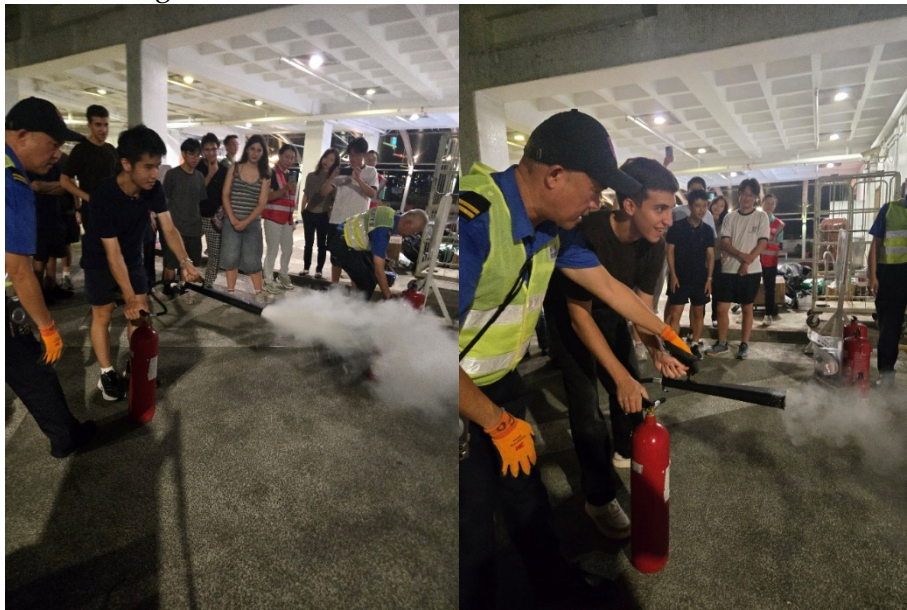


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5. Fire Drill



The fire drill coordinated by our College, University Safety Office, and Security Office was successfully held on 30th Sep (Wed). With the support of Wardens and Resident Tutors, the participants became familiar with the escape plan during an emergency. The participants also took the opportunity to learn about the proper usage of fire extinguishers and gain first-hand experience using one.



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College Activities

1. Sunny Market



Looking for a refreshing break between classes? Drop by Sunny Market on 9th Oct 2026(Fri) and join us for an exciting mix of hands-on wellness activities, sustainability and upcycling experiences, and fun sports challenges!

✦ Bring your friends, soak up the sunshine, and come chill with us! ☀

Date : 9th Oct 2026(Fri)

Venue : College Gallery

Time : 11:00am – 4:00pm (Farmer's Fair)
11:30am – 2:30pm (Activity Booths)

Activity Booths :

Stress-relief Herbal Sachet Making

Free Lemon Winter Melon Tea with Grass Jelly

Please bring your own cup

Sweat & Smash (Sports Association)

Each participant will receive a coconut pudding from Canteen upon completion of the challenge

Power-Generating Bike Experience

The top three WYS students (Male/Female Group) with the highest electricity generated in 3 mins will each receive a Café Lunch set

Registration is not required for the above booths!

Upcycling Workshop and Icelandic Wool Experience (by c!ab) [Registration](#)

Herb Identification & Natural Cleaner Making Workshop (by Green Team)

Please stay tuned for the updated details @ [green_team.wys](#)

Enquiries : Ms. Ruby Tam (rubbytam@cuhk.edu.hk / 3943 9768)

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2. ✦ ☹ ✦ Mysteryee Forest 招募冒險者中! ✦ ☹ ✦



✦ ☹ ✦ Mysteryee Forest is Recruiting Adventurers! ✦ ☹ ✦

A legendary magical forest is arriving at Wu Yee Sun this November! 🧝 🧝 To celebrate the 19th Anniversary of Wu Yee Sun College, we are inviting all adventurers to join our College Anniversary EC family and uncover the mysteries hidden within Mysteryee Forest! 🌿 🌿

As an EC member, not only will you get the chance to organise exciting anniversary events with an amazing team, but you will also receive an exclusive OC/EC hoodie 🧥💎, join our O-Night 🎮🎮, and meet lots of like-minded friends along the way!

Which team suits you best? 🐾

Want to unleash your creativity, decorate our magical forest, and help bring the world of Mysteryee Forest to life? 🧙 Join the Promotion Team! If you'd like to work closely with guests and performers while helping to organise an unforgettable banquet night, then the Banquet Team 🍷 is perfect for you! Love vibrant atmospheres, event planning, and game booths? Join the Sunny Festival Team 🌞 and help transform our forest fair into the grandest celebration of the year! Want to design challenges and lead participants on an exciting journey through the forest? The Adventure Team 🗺️ is definitely your stage!

Whether you're a wizard 🧙, fairy 🧚, adventurer 🗡️, or guardian of the forest 🌲, there's a place for you in Mysteryee Forest!

Join us now and create magical memories for the 19th Anniversary of Wu Yee Sun College together! Check out our booth at Welcoming Tea Gathering tomorrow! 💖💎

🔗 Sign up [here](#)

✉ Contact / Enquiries: IG: [@wysanni26](#)

傳說中嘅魔法森林即將喺 11 月降臨宜孫! 🧙🧚 為咗慶祝伍宜孫書院第 109 週年生日, 我哋誠邀各位冒險者加入院慶 EC 大家庭, 一齊揭開 Mysteryee Forest 嘅神秘面紗! 🗡️🗺️

作為 EC, 除咗可以同一班朋友仔一齊籌備精彩活動之外, 仲會獲得 OC/EC 限定 Hoodie 🧥💎, 參加 Onight 🎮🎮, 識到一班志同道合嘅新朋友!

究竟邊個部門最適合你? 🐾

想發揮創意、搵下 dec 🧙、打造屬於 Mysteryee Forest 嘅魔法世界就快啲加入我哋嘅宣傳部啦! 想近距離接觸嘉賓同表演者, 籌辦一個難忘嘅人宴之夜, 就可以考慮加入人宴部 🍷! 鍾意熱鬧氣氛、活動統籌同攤位遊戲? 加入大笪地, 一齊將森林市集變成最精彩嘅慶典啦 🌞! 想親手設計挑戰、帶領參加者展開刺激歷險旅程? 歷奇部絕對係你嘅舞台 🗺️!

無論你係魔法師 🧙、精靈 🧚、冒險家 🗡️ 定係森林守護者 🌲, Mysteryee Forest 都有你嘅位置!

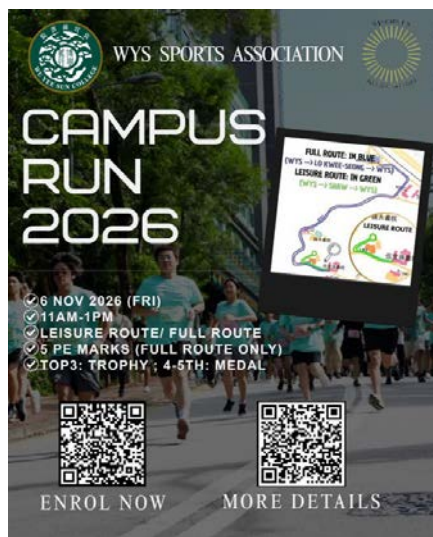
快啲報名加入我哋, 一齊創造屬於宜孫 19 週年嘅奇幻回憶! 想了解更多啲就聽日嚟迎新茶聚同我哋傾下計啦! 💖💎

🔗 EC [報名傳送門](#)

✉ 聯絡/查詢: IG: [@wysanni26](#)

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3. Campus Run



The annual Campus Run is back 🏃 make sure to register with your friends ! 📲

WYS Campus Run

Date: 6th Nov 2026(Fri)

Time: 11:00am – 1:00pm

Gathering Venue: Wu Yee Sun College Gallery

Eligible participants: WYS students, staff and alumni

Quota: 200 (including male & female)

Fee: Free of Charge

Application Deadline : 30th Oct 2026(Fri)

- ✳️ The total length is 2.6km, with options of Full Route & Leisure Route
- ✳️ 5 PE marks will be awarded to participants (For Full Route)
- ✳️ Trophies for the top 3 male and female runners 🏆 and medals for 4th and 5th places 🥉 (For Full Route)
- ✳️ Recommended dress code: WYS Go Green Tee

Click [here](#) to revisit last year's video and get a sense of the experience 📺

Click the link below to register and find the detailed regulations [here](#)

Registration: https://docs.google.com/forms/d/e/1FAIpQLSezbDoYegECNsDiN4OjL5CuMR4YIjTN4_AmQDC8LATdUG4OUQ/viewform?usp=dialog

If you have any enquiries, please feel free to pm @wys.sports.asso IG

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4. clab - From Sight to Appetite: Menu Design Workshop 菜單設計工作坊 📺



Ever wondered how much thought actually goes into a menu? Color, wording, layout — even where the prices sit — can quietly shape what you end up ordering! Join us at C!ab on 7th October as we unpack the psychology behind menu design 🧠 There'll be food to share too, so you can experience the menu magic firsthand while you learn! 🍴

Date: 7th Oct 2026(Wed)

Time: 7:00pm – 9:00pm

Venue: clab

Fee: Free of charge (Additional \$50 deposit is required and will be returned upon participation)

Perfect for design lovers, F&B enthusiasts, or anyone up for trying something new! Don't miss out

Limited places available; registration is on a first-come, first-served basis.

https://docs.google.com/forms/d/e/1FAIpQLSduui4gyLe4QJnP8J7eNiB_rwKOEalCfDz6Mf8sHcLoD0QW_w/viewform

Note: This activity serves as one of the cabinet recruitment meetings

For inquiries, please contact Theo Yan at 5600 3434.

你有冇諗過，一份菜單其實暗藏好多玄機？顏色、字眼、排版，甚至價錢嘅擺位，都可以影響你揀嘢食嘅決定！10月7號嚟 C!ab，同我哋一齊拆解菜單設計背後嘅心理學 🧠 到時仲會有嘢食同大家一齊 share，等你邊食邊學！🍴

日期：7/10/2026（三）

時間：19:00 – 21:00

地點：C!ab

費用：全免（需另付\$50 按金，參與活動後退回）

啱晒鍾意設計、對餐飲行業有興趣，或者單純想試下新嘢嘅你！千祈唔好錯過

名額有限，先到先得

https://docs.google.com/forms/d/e/1FAIpQLSduui4gyLe4QJnP8J7eNiB_rwKOEalCfDz6Mf8sHcLoD0QW_w/viewform

註：此活動為傾一

如有查詢，請致電 5600 3434 與 Theo Yan 聯絡。

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5. German Cultural Workshop



Whether you are a complete beginner or simply curious about Germany, the **German Cultural Workshop** offers a fun way to immerse yourself in a new language and culture. Come learn, taste, and experience Germany with us!

Host: Mr Bernd ESCH, German Lecturer from the Department of Linguistics and Modern Languages

Date: 27th Oct 2026 (Tue)

Time: 6:45pm – 8:45pm

Venue: W112-113, Wu Yee Sun College

Contents:

- Learn essential phrases, greetings, and expressions
- Savor authentic German bites and drinks

Deposit: \$50*

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13741728>

Deadline: 12th Oct 2026(Mon)

**Refundable upon completion of the activity; Please submit to the Dean of Students Office on UG/F by deadline*

Join our German Cultural Workshop to discover Germany through language, culture and food!

Enquiries: Miss Karen Sham (karensham@cuhk.edu.hk /T: 3943 3935)

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6. clab - Your City, needs You 「你」想城市需要你



During College, we take different majors. After graduation, we have our own pursuits and lives. But our community and our city 🏙️ are shared after all. We might think all of the work is done by the professionals, but how a city is

shaped, and how it changes, is actually the result of the communication and cooperation between us 🤝, the general public

This simulation game will allow you to feel the potential conflicts and cooperation during a town development process, and to take a glimpse of how we can participate in it in real life. Or, last but not least, allowing you to heat up your mind!

Date : 10th Oct 2026(Sat)

Time : 7:00pm-8:30pm

Fee : Free

Venue : c!ab

Deposit: \$50 (Returned upon attendance)

*If you're interested, please fill in the Google Form below before **14th Oct 2026(Wed)**:

<https://docs.google.com/forms/d/e/1FAIpQLSfgSH5Rp-I4pZXYhYPjtWyv0rBZ1pSRCXpuzqDlbOzcFgE7HA/viewform?usp=header>

For inquiries, please contact Kent Law at 6188 1218.

喺大學，大家有自己嘅 major；出到社會，大家有自己嘅職業同生活。但我哋生活嘅社區以至城市 🏙️，係大家共同享有嘅地方。一個社區點樣發展、點樣變化，其實係我地--市民大眾共同合作 🤝 嘅成果。

呢個模擬遊戲可以畀大家感受下城市發展中唔同持分者之間嘅矛盾同合作，了解下自己可以點樣參與發展其中。最後最後，亦都可以係一個練腦小活動～

日期：2026 年 10 月 15 日

時間：19:00-20:30

費用：免費

活動地點：創意實驗室

按金：\$50（出席後退還）

*如果有興趣參加，就記得喺 **10 月 14 日前**填以下 Google Form：

<https://docs.google.com/forms/d/e/1FAIpQLSfgSH5Rp-I4pZXYhYPjtWyv0rBZ1pSRCXpuzqDlbOzcFgE7HA/viewform?usp=header>

如有查詢，請致電 6188 1218 與 Kent Law 聯絡。

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7. Rooftop Farming



農夫招募
FARMER RECRUITMENT
OCT 2026 - JAN 2027

指導老師：
梁樹風博士
FARMING ADVISOR:
DR. SHU-FUNG LEUNG

形式：個人/小組（最多3人）
地點：東座天台農場
按金：\$50
報名截止日期：
十月九日（星期五）

Format: individual/group
(Max. 3 members per group)
Venue: East Block Rooftop of
WYS College
Deposit: \$50
Registration Deadline:
9th October (Friday)

Registration
Google Form

WU YEE SUN
GREEN TEAM
IG Contact:
green_team.wys

There is a farmland on the East Block Rooftop of Wu Yee Sun College. Let's register now if have would like to be an organic farmer in WYS!! There are limited quotas. First Come First Serve !!!

Planting day : 16th Oct 2026(Fri)

Planting time : 10:00am - 12:30pm

On the day, we will till the soil, plant seeds, and water the crops together. After the planting session, there will be a sharing session where you can enjoy complimentary drinks while sharing your farming tips and experiences!

Period : Oct/2026 ~ Jan/2027

We will gather roughly every two weeks to weed and fertilize the farm together.

Format : individual/group (Max. 3 members per group)

If you register in a group of people, only one representative is needed to fill in the application form.

Venue : East Block Rooftop of WYS College

Deposit : \$50

Farming advisor : Dr. Shu-fung LEUNG

Deadline: 9th Oct 2026(Fri)

Registration link: https://docs.google.com/forms/d/e/1FAIpQLSdFog36r5T80Vy9x-1YvLYDJ2YnwGOqkknFrNutaLLnqYPIqg/viewform?usp=send_form

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8. English Through Tea Appreciation 品茶學英語



本工作坊通過一系列互動遊戲及實踐活動，讓參加者認識與茶藝相關的英語，並在專業導師引導下學習各類中國茶的沖泡技巧，配搭享用美味點心，展開一場豐富多樣的感官之旅，探索博大精深的茶藝世界。

Dive into our captivating "English Through Tea Appreciation" workshop! Embark on a sensory adventure as you explore diverse teas, from smoky black to aromatic oolong. 🌱

Through interactive games, you'll master tea-themed vocabulary, idioms, and perfect brewing techniques—including water temperature and steeping time. ☕🕒 Feel free to come with an empty stomach, as we'll serve delicious refreshments that pair perfectly with our tea selections! 🍰

Whether you're a tea lover or a beginner, improve your English while cultivating a deeper appreciation for this beloved beverage. Spots are limited, so reserve your place today! 📅

Instructor: Dr. Joyce LEE [China Adult Education Association Certified Tea Sommelier (Advanced)]

Date: 20th Oct 2026(Tue)

Time: 6:30pm – 8:30pm

Venue: W112, Wu Yee Sun College

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13736947>

Deadline: 6th Oct 2026 (Tue)

Deposit: \$100 (Refundable upon completion of the activity)

*Please submit the deposit in cash to the College Office (G03) by the application deadline within office hours. First-come, first-served. The time of deposit payment will be the determining factor.

Enquiries: Miss Aka Chan (wanhungchan@cuhk.edu.hk / 3943 9772)

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9. Fitness Consultation Sessions



Fitness Trainer is at our College's Gymnasium!!! Need guidance for a keep-fit plan or proper use of fitness equipment? Mark your calendar!

Date (Wed) :

7th Oct 2026

Time: 7:00pm - 9:00pm

Date (Wed) :

14th , 21st , 28th Oct 2026

4th , 11th , 18th Nov 2026

Time: 7:00pm - 8:00pm

Venue: College Gymnasium

Instructor: Mr. John Chan

Target: Wu Yee Sun College students and staff (No registration is required)

Enquiries:

Ms. Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

Ms. Ruby Tam (rubyyttam@cuhk.edu.hk / 3943 9768)

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10. Preparation Workshop for the Putonghua Proficiency Test 普通話水平測試預備班

普通話水平測試預備班 全新活動

導師：李春普老師
(國家級普通話水平測試員)

日期：2026年10月16、23、30日，11月6、13、20日
(逢星期五，共六堂)

時間：晚上6:30至8:30

地點：伍宜孫書院西座112室

語言：普通話

截止日期：10月9日(星期五)

按金：港幣\$100
(只收現金，出席四堂可獲退還全部按金)

註：名額有限，先到先得，欲報從速。報名次序以遞交按金先後次序為準，請將按金交至書院辦公室(G03)。

查詢：Miss Aka Chan
(wanhungchan@cuhk.edu.hk / 5945 9772)

報名

應試技巧
流利程度
規範程度
朗讀水平
口語表達能力

國家語委普通話水平測試（PSC）是世界上最權威的普通話考試之一，在考試中獲取佳績有助增強升學就業競爭力。本課程以參加 PSC 考試為導向，由資深國家級普通話水平測試員主講，致力提升同學的普通話朗讀水平和口語表達能力，掌握實用應試技巧，為達到目標等級作充份準備。

The Putonghua Proficiency Test (PSC) is one of the most authoritative Putonghua exams in the world. Achieving excellent results can enhance your competitiveness in further studies and employment. The workshop is tailored for students preparing for the PSC administered by the State Language Commission, and is taught by experienced National Certified Putonghua Proficiency Examiner. Students will acquire effective exam strategies for the PSC and receive comprehensive preparation ahead of the assessment.

Instructor: Mr. Chunpu LI [Lecturer at Yale-China Chinese Language Academy, CUHK, and National Certified Putonghua Proficiency Examiner. He previously served as Panel Chair and Chief Examiner for the Putonghua Oral Test of Language Proficiency Assessment administered by the Hong Kong Examinations and Assessment Authority]

Date: 16th, 23rd, 30th Oct 2026 & 6th, 13th, 20th Nov 2026(Fri)

Time: 6:30 pm – 8:30 pm

Venue: W112, Wu Yee Sun College

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13736570>

Deadline: 9th Oct 2026(Tue)

Deposit: \$100 (Refundable upon completing at least 4 sessions)

*Please submit the deposit in cash to the College Office (G03) by the application deadline within office hours. First-come-first-served. The time of deposit payment will be the determinant.

Enquiries: Miss Aka Chan (wanhungchan@cuhk.edu.hk / 3943 9772)

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College Announcements

1. Reservation of Rowing Machines for Rowing Team Training

Please note that rowing machines will be reserved for Rowing Team Training from 6th Oct 2026(Tue) to 31st Dec 2026 (Thu):

Date	Time
Monday, Tuesday, Thursday, Friday	6:00pm - 8:00pm
Wednesday	6:00pm - 7:30pm

We are sorry for any inconvenience caused.

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2. Mysteryee Forest Annual Carnival Booth Recruitment is Now Open!

🌟🌳🎡 Mysteryee Forest Annual Carnival Booth Recruitment is Now Open! 🎡🌳🌟

Rumour has it that the magical forest is filled with treasures and opportunities! 💰 🍄
Want to earn some extra money? 💰 Dream of becoming a business owner for a night with your friends? 🏰 Or
hoping to unleash your creativity and create a unique booth? 🎨
Then don't miss this year's Sunny Festival at the Wu Yee Sun College 19th Anniversary! 🏰 ✨
Whether you'd like to sell delicious food 🍷, handmade crafts 🧶, or design an exciting game booth 🎯, you are
more than welcome to join the magical marketplace of Mysteryee Forest! 🌿

🏰 Sunny Festival Details

📅 Date: 3rd Nov 2026 (Tue)

🕒 Time: 6:00pm - 11:00pm (Please start tidying up at 10:00pm)

📍 Venue: Wu Yee Sun College Terrace of Dreams and UG/F Outdoor Platform

Fee:

CUHK Students: \$180 (Without Electricity); \$230 (With Electricity); \$250 (Game Booth Without Electricity*)

Non-CUHK Personnel: \$260 (Without Electricity); \$310 (With Electricity); \$350 (Game Booth Without Electricity*)

Additional Deposit: \$200 (to be returned after the event)

Payment Method: FPS/PayMe/AlipayHK

*Extra space will be allocated to game booths 🎯

📌 Application Deadline: 18th Oct 2026 (Sun) 11:59pm

!! Application Result Announcement: 21st Oct 2026 (Wed)

Interested participants, please submit the [Google Form](#) before the deadline! 📄

✉ For enquiries: IG: [@wysanni26](#)

🌟 🌿 ✨ Mysteryee Forest 大笪地招攤啦! ✨ 🌿 🌟

聽聞魔法森林入面藏住無數寶藏同機遇? 💰 🍄 想賺返筆零用錢💰? 想同朋友一齊開檔做老闆🏰? 想發揮創意整個獨一無二嘅攤位🎨?

咁就快啲嚟參加今年宜孫院慶嘅大笪地啦! 🏰 ✨

無論你想賣美食🍷、手作精品🧶, 定係設計刺激好玩嘅遊戲攤位🎯, 我哋都歡迎你加入宜孫大笪地! 🌿

機會難得, 仲唔快啲報名加入森林市集? 🍄 ✨

🏰 大笪地詳情如下:

📅 日期: 3/11/2026 (二)

🕒 時間: 18:00 - 23:00 (22:00 開始清場)

📍 地點: 伍宜孫書院圓夢臺及 UG/F 平台

收費:

中大學生: \$180 (不帶電); \$230 (帶電); \$250 (遊戲攤位不帶電*)

非中大人土: \$260 (不帶電); \$310 (帶電); \$350 (遊戲攤位不帶電*)

另收按金: \$200 (活動後退還)

付款方式: FPS/PayMe/Alipay

*遊戲攤位將獲分配更大空間 🎯

📌 投攤截止日期: 18/10/2026 23:59

!! 投攤結果公佈日期: 21/10/2026

有興趣嘅朋友記得喺截止日期前填妥 [Google Form](#)! 

 如有任何查詢，歡迎聯絡：
IG: [@wysanni26](#)

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3. College Team Tryouts (2026-27 Term 1) 書院院隊選拔 (2026-27 上學期)



2026-27 TERM 1
COLLEGE TEAM TRYOUTS

- SWIMMING**
MEN'S & WOMEN'S SWIMMING
9 Sep (Wed) or 11 Sep (Fri) 6:00 - 8:00pm
University Swimming Pool
- VOLLEYBALL**
MEN'S & WOMEN'S VOLLEYBALL
30 Sep (Thu) 6:00 - 8:00pm
New Asia College Charles Leung Gym
- BASKETBALL**
MEN'S & WOMEN'S BASKETBALL
30 Sep (Thu) 6:00 - 8:00pm
Young Ming Bui Indoor Sports Center
(Harambee Gymnasium)
- SOCCER**
MEN'S SOCCER
30 Sep (Fri) 6:00 - 8:00pm
No.2 Sir Philip Haddon-Cave Sports Field
- ROWING**
MEN'S & WOMEN'S ROWING
23 Sep (Wed) or 24 Sep (Thu) 6:30 - 9:30 am
Carand Stand, Sir Philip Haddon-Cave Sports Field
- ATHLETIC**
MEN'S & WOMEN'S ATHLETIC
15 Oct (Thu) 6:00 - 8:00pm
Sir Philip Haddon-Cave Sports Field

Enquiries:
Mr. Ka-kit Hui (kakithui@cuhk.edu.hk / 3943 3986)
Mr. Ka-wing Lai (engletip@cuhk.edu.hk / 3943 3987)

Whether you're a seasoned athlete or simply passionate about sports, don't miss the chance to join the College Teams! The College is now recruiting athletes for the **basketball, soccer, volleyball, swimming, athletics, and rowing team**. Do not hesitate to show your talents and we are looking forward to seeing you in the tryouts!

Sports Team	Date	Time	Venue
Men's & Women's Athletic	15 th Oct 2026(Thu)	6:00pm – 8:00pm	Sir Philip Haddon-Cave Sports Field

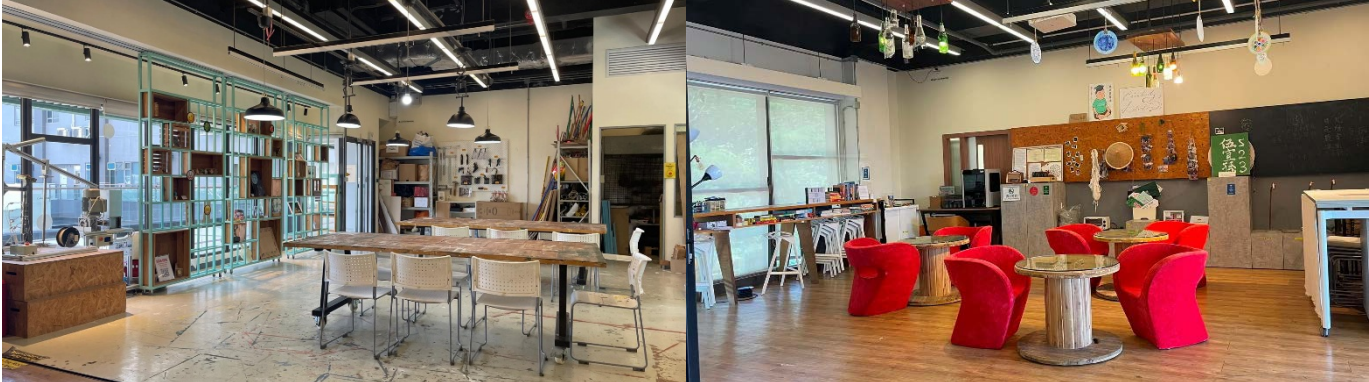
Registration : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13737338>

Enquiries :

Swimming, Basketball, Rowing, Athletics
Mr. Ka-kit Hui (kakithui@cuhk.edu.hk / 3943 3986)

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4. Booking Guidelines for clab Venue, Equipment & Machinery



All Wu Yee Sun College students and student organizations using the clab's venue, equipment and machinery for a specific period must register at least **2 weeks in advance**.

Application Forms:

- [Booking of Venue & Equipment at c!ab](#)
- [Booking of Machinery at c!ab](#)

Students must then visit the DOS Office counter **2 days before** the registered booking period with a Student ID for verification, a signed [House Rules](#), along with the deposit. Students can only begin work after official confirmation is received.

Please read the [Booking Guidelines](#) of c!ab before submitting your application.

Thank you for your cooperation, and we hope you enjoy the creative space.

For further inquiries:

Ms. Carrie Zeng (carriezeng@cuhk.edu.hk / 3943 3934)

Ms. Elisha Yting (elishayting@cuhk.edu.hk / 3943 9767)

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5. Opening Hours for College Gymnasium

The opening hours of the College Gymnasium in 2026/27 are adjusted as follows:

Facilities	Summer Opening Hours
College Gymnasium	7:00am – 11:00pm (Daily)

For energy conservation, please ensure that all lights and air conditioners are turned off if you are the last to leave the room.

Thank you for your attention and cooperation.

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6. CUHK Art Museum presents Special Exhibition:
“In Loving Memory of Prof. Lee Hon-ching”
中大文物館呈獻「感墨鑄情——憶利漢楨教授」特別展覽



The late Professor Lee Hon-ching (1938–2025), Honorary Fellow of CUHK and College Honorary Advisor, was a dedicated patron of CUHK arts initiatives through the Hop Wai Art and Cultural Development Fund, organized numerous art exhibitions, lectures and workshops for staff and students, supporting Chung Chi College, United College and Wu Yee Sun College in advancing the Hop Wai Arts and Culture Programme and fostering artistic exchange on and beyond campus.

This exhibition presents a significant donation from Professor Lee in tribute to his lifelong dedication to arts and culture at the University, and to his enduring wish that Chinese art be preserved, studied, and shared with the wider community. The opening ceremony was held on 2nd July 2026 (Thu), and was officiated by distinguished guests, including our College Master Professor Anthony T.C Chan and the family of Professor Lee Hon-ching.

The exhibition is divided into four thematic sections – The Concept of Ink and Colour, The Power of Line, The Use of Space, and Reminders of Chinese Arts – which reflect Professor Lee’s artistic and scholarly journey, as well as his support for CUHK and the Art Museum. It features 60 masterpieces selected from the donated works. Highlights include Herding Buffalo by Li Keran, the great master of Chinese ink painting; Morning Scene by the Jialing River by Song Wenzhi, a leading figure of the New Jinling School; and Landscape by Liu Guosong, regarded as the father of modern ink painting.

已故中大榮譽院士及書院名譽顧問利漢楨教授（1938-2025）多年來通過「洽蕙藝術及文化發展基金」，鼎力支持崇基學院、聯合書院及伍宜孫書院推動「洽蕙藝文計劃」，每年於中大校園舉辦藝術名家的作品展覽，並為師生籌辦藝術工作坊，為校園內外的藝文活動添姿增彩。

本次展覽於中大文物館展出利教授捐贈的名家翰墨，以表揚利教授多年來在中大推廣文化藝術的無私奉獻，並貫徹他畢生致力承傳、研習和推廣中國藝術的弘願。文物館於 2026 年 7 月 2 日舉行展覽開幕典禮，並邀得利漢楨教授家屬及主禮嘉賓，包括本院院長陳德章教授等出席主禮。

是次展覽分為四大單元：「墨與色的理念」、「線條的力量」、「留白的運用」和「中國藝術的意象」，藉以貫串利教授的學藝之道，並銘懷其對香港中文大學及文物館的厚愛。展覽精選 60 件佳作，包括中國水墨畫大師李可染的《牧牛圖》、新金陵畫派代表人物宋文治的《嘉陵清曉圖》、現代水墨之父劉國松的《山水》等。

展覽詳情 [免費開放] Details of the exhibition [Free Entry]:

地點 Venue

中大文物館展廳三
Gallery III, CUHK Art Museum

展期 Exhibition Period

2026 年 7 月 3 日起至 2027 年 1 月 12 日
From 3rd July 2026 (Fri) to 12th January 2027 (Tue)

開放時間 Opening Hours |

跟隨文物館開放時間
Following the Art Museum opening hours

查詢 Enquiries: 曾小姐 Ms. Irene Tsang (irenetsang@cuhk.edu.hk / 3943 3936)

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7. Rance Lee Mentorship Programme 李沛良亦師亦友計劃

Rance Lee Mentorship Programme
李沛良亦師亦友計劃

Programme Description: A mentorship programme for students to learn from Professor Rance Lee's experience and expertise.

Annual Activity: 11.2.2026 (Sat) 10:00 AM - 12:00 PM

Join as Mentee Now
立即登記
成為學生

承蒙伍步昌先生和李永權先生兩位中大校友的慷慨捐助，以及劉世鏞校友的策劃，師友計劃自 2017 年創院院長李沛良教授榮休後，重新命名為「李沛良亦師亦友計劃」，以表敬意。

本計劃旨在為書院同學建立人際網路，讓同學有機會向不同行業的校友及專業人士學習，透過與學長交流，豐富其待人接物的技巧，讓同學能以人脈關係解難，達致事半功倍。

計劃特點

小組模式：3-4 位小組學長(包括資深學長、校友學長及書院老師) 與 4-6 位學友配對，透過參與年度活動及各小組自行策劃的活動相約共聚，互相認識及交流。學長與學友擁有多元化的背景、不同的性格特質及各式各樣的興趣，為兩者的互動增添不少創新意念與想法，及後更可以一起發掘多種可能性。一經加入，學友身份將持續至畢業，學長與學友有更長時間建立伙伴關係，即使離開校園，可以成為校友學長，師友關係仍會持續。

立即填寫[李沛良亦師亦友計劃申請表](#)，登記成為學友，擴展你的人際網絡

為支持學長與學友保持聯繫，持續交流，書院提供每年每組 4,000 元港幣(每次活動每人支出不超過 300 元港幣)的資助，以籌劃各項小組活動或聚會，以維繫師友關係；若個別組別已耗盡其每年的資助額，其額外的支出須在活動舉辦前經書院交由李沛良亦師亦友計劃工作小組主席審批。

下載 [Activity Fund for Mentorship Gatherings 申請表格及指引](#)

Rance Lee Mentorship Programme aims at supporting our students to build up multifunctional social networks by providing students with opportunities to learn from experienced alumni and experts in different fields. Group-to-group mentor-mentee model: 3-4 mentors (including Senior Mentors, Alumni Mentors, and College teachers) will be matched with 4-6 mentees.

Mentors and mentees can spend some time getting to know each other and hanging out, followed by exploration of many possibilities together! Diversified backgrounds, different characters, and various interests bring in creative insights among mentors and mentees.

Submit the [Application Form for Rance Lee Mentorship Programme](#) and be a Mentee

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8. Visitor Policy in College Student Hostels

Visiting Hour:

CUHK Student Visitors (i.e. CUHK current undergraduate and postgraduate students who do not have a hostel place at Wu Yee Sun College)	Same-sex CUHK Student Visitors: 8:00 am – 12:00 am daily Opposite-sex CUHK student visitors: 10:00 am – 11:00 pm daily
Non-CUHK Student Visitors	Saturdays, Sundays and public holidays 10:00am – 11:00pm
Visitors and Residents of Opposite Sex	Aside from the visiting hours stated in Student Hostels Regulations, no persons (including residents) are allowed to enter the floor of the opposite sex, and no residents are allowed to receive visitors of the opposite sex unless prior permission is granted by the Wardens

Overnight Visitor:

Under special circumstances, when a visitor (who must be a CUHK student of the same sex) is invited to stay overnight, the host resident must, after obtaining the consent of his/her roommate, accompany the visitor to purchase the **'Overnight Visitor Ticket'** (HK\$60 per head per night).

Register at **Hostel Reception / Resident Tutor / Resident Association** within the visiting hours

Other Rules:

- *The visitor must be accompanied by the corresponding host resident during the stay. Any person staying at the hostel beyond visiting hours will be regarded as an overnight visitor.*
- *Only **one** visitor is allowed per room per night. Residents of the same room should not host overnight visitors more than 2 nights per week.*

Opening Hour of College Facilities

1. *WYS non-residents can access College until 11:00pm daily. Only residents can access College building after 11:00pm.*
2. *The opening hour of College Gymnasium is adjusted to 7:00am – 11:00pm.*
 - a. *First-time users should bring their valid (i) CU Link Card and (ii) CUHK Fitness Room User Certificate to College Office (G03) for registration.*
 - b. *Please be reminded not to bring in unauthorized persons or open up the gym door for anyone. Random checking would be conducted and follow up actions would be taken for any violation.*
3. *The opening hours of other College facilities can be referred at <https://www.wys.cuhk.edu.hk/about-us/campus/>.*

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9. Membership and ExCo Recruitment – WYS Alumni Association 伍宜孫書院校友會會員及幹事會招募

Want to stay in touch with your College friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the [application form](#), and upload the deposit receipt as instructed in the form. WYSAA will keep you posted about events by email, [Facebook page](#) (伍宜孫書院校友會 WYS Alumni Association) and [Instagram](#). Stay connected!

WYS Alumni Association is also recruiting new Executive Committee members. If you are eager to organize activities for our alumni and form a deeper and wider alumni network through collaboration with other alumni organizations, you are strongly encouraged to become an ExCo member! Reach out to the current chairperson, Bacary (9783 4356) – he will introduce you to the operation of the Alumni Association and answer any questions you may have.

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10. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email kikiwkchan@cuhk.edu.hk for arrangement.

2) You may also approach the **University's Wellness and Counselling Centre** at **3943 7208** for help.

3) A **24-hour Emotional Support Hotline** at **5400 2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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11. WYS's Got Talents – Photography, Poster Design, MC and a lot more!



The College is recruiting all sorts of talents to contribute in various College events. If you are interested in or excellent at any of the fields below, register now! Students may be invited for an interview for further discussion.

- Photography / Video-production
- Master of Ceremonies
- Simultaneous Interpretation
- Organizing workshop for College students
- Audio-Visual Support
- Writing (e.g. creative writing or student reporter in publications)
- Art & Design (e.g. posters or infographics)

Let us know what you are interested in and excellent at:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Don't hide your talents, shine in the College!

Enquires: Ms Carrie Zeng (carriezeng@cuhk.edu.hk / 3943 3934)
Miss Kiki Chan (kikiwkchan@cuhk.edu.hk / 3943 9775)

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College Funding & Awards Schemes

1. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Grab the chance, be creative!

Be Entrepreneurial! Funding Scheme supports students to implement various short-term projects fulfilling the College's core values of **creativity**, **entrepreneurial spirit**, and **social responsibility**.

All undergraduate students, regardless of discipline and year of study, are welcome to apply all year round. **The maximum funding amount is up to HK\$20,000!**

Online application is now available, simply submit your application with one click

- <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13737539>

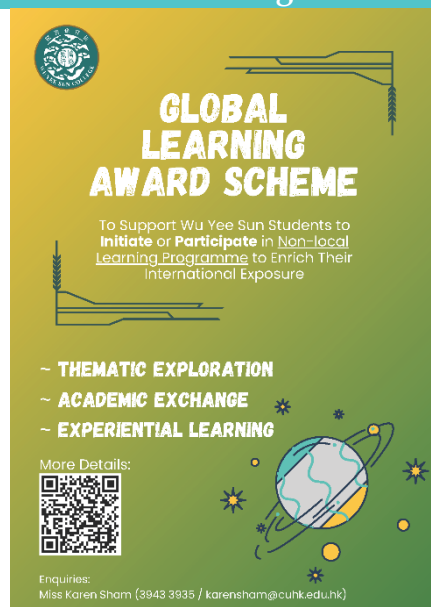
Check out the details through this [link](#).

Enquiries:

Ms. Carrie Zeng (carriezeng@cuhk.edu.hk / 3943 3934)

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2. Global Learning Award Scheme



The Global Learning Award Scheme (GLAS) aims to encourage students to initiate or participate in non-local academic or experiential learning programmes with the main purpose of LEARNING. Applicants will be awarded the “Global Learning Award” and receive the award amount after completing all post-trip requirements on time.

Students can apply for funding for the self-initiating trips, overseas programmes, and virtual programmes. For further details, please refer to the college website for application guidelines.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	Application period
Winter	1 st Nov 2026(Sun) – 30 th Apr 2027(Fri)	1 st May 2026(Fri) – 31 st Oct 2026(Sat)

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13733233>

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3. Self-Motivation Fund for Health and Well-being Activities

Self-Motivation Fund for Health and Well-being Activities

Application & Guidelines:

Self-Motivation Fund for Health and Well-being Activities encourages students to participate in various kinds of health and well-being activities in order to strengthen your **physical health** and **mental wellness**.

Health and Well-being Activities

Max. funding amount: **\$1500**
OR
Up to 60% of application fee & course fee (whichever is lower)

Examples
Healthy Cooking Class
Course about Nutrition / Chinese Medicine
Mindfulness Workshop
Mental Health First Aid Course

Qualification Courses for Health and Well-being Instructors

Max. funding amount: **\$3000**
OR
Up to 60% of course fee (whichever is lower)

Examples
Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course
Art/Music Therapy Instructor Course

伍宜孫書院
WU YEE SUN COLLEGE

Enquiries:
Ms Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

Self-Motivation Fund for Health and Well-being Activities encourages students to participate in various kinds of health and well-being activities in order to strengthen your **physical health** and **mental wellness**.

Eligibility:

For Wu Yee Sun College students who participate in health and well-being activities organized by organization(s) other than the College.

There are two categories of activities you can apply :

(i) Health and Well-being Activities

Examples :

Healthy Cooking Class, Trial Course on Musical Instruments, Course about Nutrition or Chinese Medicine, Mindfulness Workshop, Mental Health First Aid Course

Funding amount : Maximum **\$1500** or Up to 60% of application fee and course fee (whichever is lower)

(ii) Qualification Courses for Health and Well-being Instructors

Examples :

Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course, Art or Music Therapy Instructor Course
Funding amount : Maximum **\$3000** or Up to 60% of course fee (whichever is lower)

Take a look at the [guidelines](#) and the [reflection template](#) to start your healthy life now!!!

Application : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283>

Enquiries:

Ms. Ruby Tam (rubyyttam@cuhk.edu.hk / 3943 9768)

Ms. Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

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4. Self-Motivation Fund for Sports Activities

Application & Guidelines: 

Self-Motivation Fund for Sports Activities

Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities in order to live up the spirit "Sports for everyone"

Sports Activities

Max. funding amount
\$1500
OR
Up to 60% of application fee & course fee (whichever is lower)

Examples
Standard Chartered Hong Kong Marathon
Oxfam Trailwalker
Spartan Race
Yoga Class, Dance Workshop

Qualification Courses for Sports Coach

Max. funding amount
\$3000
OR
Up to 60% of application fee & course fee (whichever is lower)

Examples
Rowing
Rope-skipping
Orienteering
Taekwondo

 伍宜孫書院
WU YEE SUN COLLEGE

Enquiries:
Ms Ruby Tam (rubyyttam@cuhk.edu.hk / 3943 9768)
Ms Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

*Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports activities** and **qualification courses for sports coach**, in order to live up the spirit "Sports for Everyone".*

To enhance students' ability to adapt to challenges in life, you are encouraged to participate in activities with resilience element

Funding Amount:

Sports Activities: Maximum **\$1500** or Up to 60% of application fee and course fee (whichever is lower)

Qualification courses for sports coach: Maximum **\$3000** or Up to 60% of course fee (whichever is lower)

Take a look on the [guidelines](#) and [report template](#), and challenge yourself with different activities.

Application : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283>

Enquiries:

Ms. Ruby Tam (rubyyttam@cuhk.edu.hk / 3943 9768)

Ms. Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)

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5. Self-Motivation Fund for Sustainability Activities



To encourage students to conserve natural and cultural resources and empower the underprivileged with an aim of achieving sustainable living for everyone, Self-motivation Fund for Green Activities has extended its scope and now re-named as **Self-motivation Fund for Sustainability Activities**.

Funding Amount:

Sustainability Activities:

Maximum **\$1500** or Up to 60% of application fee and course fee (whichever is lower)

Qualification courses for instructors of sustainability activities: Maximum **\$3000** or Up to 60% of course fee (whichever is lower)

Take a look on the [guidelines](#) and [reflection template](#), and challenge yourself with different activities.

Application : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283>

Enquiries:

Ms. Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

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6. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students and international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

More Details: <https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/>

Enquiries:

Ms. Karen Sham (karensham@cuhk.edu.hk / 3943 3935)

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7. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Ms. Karen Sham (karensham@cuhk.edu.hk / 3943 3935)

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Other Activities & Announcements

1. [OAL] CUHK Outgoing Exchange Programmes 2027-28 (Summer 2027 / Regular Term-Time 2027-28)



[Introductory Video](#)



[Application and Placement Schedule](#)



[Scholarship and Financial Aid](#)



[Useful Information](#)



[Testimonials](#)



[On-campus Outreach Activities](#)

Points-to-note for the Application

- Application for exchange in Summer 2027 / Regular Term-Time 2027-28 opens to **all** full-time undergraduate students (**including Year 1 and first year entry**) and postgraduate students.
- Students can apply for the programmes either by submitting **recommendations** from two current CUHK teaching staff or attending an **interview**.
- **IELTS or TOEFL iBT test** must be taken on or after 1st Sep 2025(Mon). IELTS One Skill Retake and TOEFL MyBest Scores results are NOT acceptable.
- Students can **only accept one exchange offer** (term time/summer) from any CUHK units.

Highlights of the On-campus Outreach Activities

Date	Time	Event	Venue
5-6 Oct 2026 (Mon - Tue)	12:00 - 14:00	Information Kiosk I	Oval Area, G/F, YIA
7-8 Oct 2026(Wed - Thu)	11:00 - 15:00	Information Kiosk II	Station Piazza (near MTR Exit A)
12-13 Oct 2026(Mon - Tue)	11:00 - 15:00	Information Kiosk III	YIA Piazza (near YIA Bus Stop)
14 Oct 2026(Wed)	15:00 - 16:00	Global Explorer Briefing I (Hybrid)	Multi-Purpose Area, 2/F, YIA & Zoom Register HERE
16 Oct 2026(Fri)	11:00 - 11:30	Global Explorer Exhibition	Outside Lounge, Chung Chi College Chapel
22 Oct 2026(Thu)	12:30 - 13:30	Global Explorer Briefing II (Virtual)	Zoom Register HERE
27-28 Oct 2026(Tue - Wed)	11:00 - 15:00	Information Kiosk IV	YIA Piazza (near YIA Bus Stop)

Call for action!

Come and talk to us at the [on-campus outreach activities](#) and i-Centre (1/F, YIA). Submit your application [through CUSIS](#) now!

Should you have any enquiry about the programmes, please feel free to contact us at 3943-7597 or via email at iasp@cuhk.edu.hk.

We look forward to receiving your application!

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2. The Changjiang Cup 2026 Global AI Protein Design Challenge (Deadline: 31st Oct 2026(Sat))



AI is moving fast in protein design. Protein structure prediction models are developing fast, and generative models can now design protein sequences that never existed in nature. AI-designed antibodies and binders are steadily making their way from research papers into pipelines. It's an exciting moment that computational science is, for the first time, truly taking part in creating the molecules of life.

The Changjiang Cup 2026 Global AI Protein Design Challenge is officially launched. Guided by the Shanghai Municipal Commission of Economy and Informatization and the Shanghai Municipal Commission of Science and Technology, the competition is jointly initiated and hosted by Shanghai Jiao Tong University, Shanghai AI Laboratory, Lingang Laboratory, Changping Laboratory, The Chinese University of Hong Kong, Zhejiang University, Shanghai Academy of AI for Science, and Engine Community. It is organized by the Institute of Natural Sciences, Shanghai Jiao Tong University, and co-organized by the College of Chemistry and Molecular Engineering, Peking University; the Department of Chemical Engineering, Tsinghua University; the Division of Life Sciences and Medicine, University of Science and Technology of China; the Research Institute of Intelligent Complex Systems, Fudan University; School of Engineering, Westlake University; the National Supercomputer Center in Guangzhou; INESA (Group) Co., Ltd.; and the Alliance of Strategic Scientific and Technological Forces for AI for Science.

This challenge focuses on de novo protein design and real wet-lab validation. Participants will design nanobodies or minibinders against different targets. The total prize pool is CNY 1,000,000, and at least 5,000 designed sequences are expected to undergo free wet-lab testing, including expression, purification, and binding assay. The challenge is open worldwide to universities, research institutes, corporate R&D teams, interdisciplinary innovation teams, independent researchers, and individuals. Registration opened on September 24 and closes on October 31.

We warmly invite researchers across AI and life sciences to join us with their models and designs. Together, let's bring AI-designed proteins into reality!

Useful Information:

Register Now: [Click Here](#)*

*Official competition page to be announced in the next phase.

Competition Details: English Version ([Click Here](#)) / Chinese Version ([Click Here](#))

Contact Email: zbztzhz@sjtu.edu.cn

For any enquiries, please feel free to contact Dr Gene Man (geneman@cuhk.edu.hk) / Ms. Tracy Wong (tracyhwwong@cuhk.edu.hk).

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3. The 1st Hong Kong University Fintech Innovation Competition



ICBC (Asia) will launch its 1st Hong Kong University Fintech Innovation Competition (the “Competition”), bringing the flagship ICBC Cup National College Student Financial Technology Innovation Competition (the “ICBC Cup”) to Hong Kong this year. Showcase your professional capabilities through innovative ideas and proposals, and gain access to leading resources and opportunities in the FinTech industry!

Seize the opportunity and register now: www.gonghangbei.com

Timeline

- Registration and Submission Deadline: 19th Oct 2026(Mon)/
- Entries Selection & Finalist Notification: 10th Nov 2026(Tue)
- Pre-final Training: 16th -19th Nov 2026(Mon-Thu) (Tentative)
- Final Competition: 27th Nov2026(Fri) (Tentative)
- National Finals: Dec 2026

Target

- Full-time students in Hong Kong universities
- 1-3 members per team, including 1 team leader

Awards

- Champion (1 team): HK\$50,000
- First Runner-up (2 teams): HK\$30,000 (per team)
- Second Runner-up (3 teams): HK\$20,000 (per team)
- Meritorious Award (4 teams): HK\$10,000 (per team)
- Outstanding Mentor Award: HK\$10,000 (per team)
- Qualified top-performing participants will be offered an internship opportunity at ICBC (Asia)
- The Champion team will advance to the National Finals of the “ICBC Cup”

Application & Details

Official Application Website: 「工行杯」全國大學生金融科技創新大賽(www.gonghangbei.com)

WeChat Account: 工行杯大學生金融科技創新大賽

Sharing Session

Date: 24th Sep 2026(Thu)

Time: 3:00pm - 3:45pm

Venue: UGA Event Hall, InnoPort, CUHK

Speaker: Representative of ICBC (Asia)

Language: Cantonese (Putonghua and English are welcome during the Q&A session)

Rundown: Competition Briefing, Sharing of Previous Award-winning Entries, Q&A Session

ICBC Cup National College Student Financial Technology Innovation Competition Expert Masterclass (Chinese only)

First Session: [Applications of Artificial Intelligence Technology in Banking](#)

Second Session: [Practices and Insights on Engaging Young Customers](#)

Third Session: [Building a Stronger Consumer Protection Framework and Enhancing Service Quality and Experience](#)

If you are looking to enhance your CV, gain insights from a prestigious competition and build practical experience recognised by the industry, don't miss this opportunity!

For further details, please refer to the attachment or contact icbccup@yuantung.com.hk.

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4. Student Residence Bursary Scheme 2026/27

Student Residence Bursary Scheme aims to provide a hostel grant to subsidize partial hostel fees of the needy local undergraduate students who are not able to benefit substantially from the government hostel subsidy.

Eligibility

To be eligible to apply for the CUHK Student Residence Bursary 2026/27, applicants must:

1. be local full-time undergraduate students;
2. be registered residents of the hostel and have resided in the hostel for at least 75% of the time of the term (based on the availability of the hostels for students);
3. have an average monthly household income (during the period from 1st Apr 2025(Tue) to 31st Mar 2026(Tue)) lower than the median of the monthly household income published in the recent Quarterly Report on General Household Survey by the Census and Statistics Department (*Please refer to the [Guidelines](#) for the monthly household income bandings*);
4. be not able to benefit from the government hostel subsidy or receive less than \$1,990 per term under the government hostel subsidy.

Amount of Bursary

1. For eligible needy students who are not able to benefit from the government hostel subsidy, the value of each bursary will be \$1,990 per term.
2. For eligible needy students who receive less than \$1,990 per term under the government hostel subsidy, the value of each bursary will be the difference between \$1,990 and the approved amount of the government hostel subsidy.
3. The maximum amount of bursary for residents of all types of shared rooms will be the same.

Application Procedures

1. Eligible students who live in the hostel for the first term or the whole year should submit their online application in CUSIS (Website: <https://www.cuhk.edu.hk/cusis>; MyCUHK > Click 'CUSIS' icon > Click 'Scholarships and Financial Aid' icon > Select 'Online Application Form' > Public Application > click the magnifying glass to select "Student Residence Bursary") during the application period **from 7th Sep 2026(Mon) to 30th Oct 2026(Fri)**.

2. Applicants should print out Section 7 of the online application form and submit it together with the supporting documents to the College on or before the application deadline.

Application details: <https://admission.cuhk.edu.hk/fees-financing-your-studies/financial-aid/open-for-applications/>

Enquiries:

Office of Admissions and Financial Aid (3943 1898 / 3943 7205)

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5. Global Citizenship (GC) is now available!

Global Citizenship Nurturing Global Citizenship Through English

The Global Citizenship Series aims at enhancing your global awareness, broadening your horizon, development, and empowering your own knowledge and skills needed for a global and effective mind to become responsible as global citizens and participate effectively for positive changes in personal, community and global levels.

- Intercultural Communication**
Cultural Identity / Levels of Identity / Communication Styles / Case Studies / Solutions and Advocacy
- Media and Technology**
Digital Media Characteristics / Digital Inequality / Intersections / Information Disorder / Solutions and Advocacy
- Global Labour and Employment**
Global Systems / Worker Challenges / Digital Platforms / Solutions and Advocacy

Let's get started NOW!
<https://ilc.link/GC>

Global Citizenship Series

The Independent Learning Centre (ILC) is proud to launch the Global Citizenship Series, a series of three modules designed to help you develop your global citizenship skills and knowledge. The series is designed to help you understand the world around you, and to develop your skills and knowledge to become a responsible global citizen.

Intercultural Communication

This module is designed to help you understand the world around you, and to develop your skills and knowledge to become a responsible global citizen. It covers topics such as cultural identity, levels of identity, communication styles, case studies, and solutions and advocacy.

Media & Technology

This module is designed to help you understand the world around you, and to develop your skills and knowledge to become a responsible global citizen. It covers topics such as digital media characteristics, digital inequality, intersections, information disorder, and solutions and advocacy.

Global Labour & Employment

This module is designed to help you understand the world around you, and to develop your skills and knowledge to become a responsible global citizen. It covers topics such as global systems, worker challenges, digital platforms, and solutions and advocacy.

Global Citizenship (GC) is now available! There are 3 modules, including intercultural communication, media and technology, and global labour and employment, which you learn more about yourself and your role as a global citizen in the today's world! Check it out at <https://ilc.link/GC>

Students who complete the 3 modules in the GC series will be qualified to earn a wonderful ILC token of appreciation!

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6. Community Resources for Emotional Support

<TourHeart+ X Wellness and Counselling Centre>

TourHeart+, in collaboration with the Wellness and Counselling Centre, the Office of Student Affairs at the Chinese University of Hong Kong, provides comprehensive mental health support services for all full-time undergraduate and postgraduate students at CUHK.

TourHeart+
One-stop integrated mental health platform

Did you know for yourself today?

Free Registration

Online:

- Mental health assessment
- Psychoeducation
- Chatbot
- Self-care exercises and tools
- Virtual support community
- Mini-modules
- Psychological interventions

Offline:

- Mental health workshops
- Self-care group practices
- Peer-led workshops
- Group psychotherapy
- Group psychotherapy

Person-centered, scientific, and verified by clinical psychologists

Mental health status

Start

Supported by:

- CUHK
- Wellness and Counselling Centre
- Office of Student Affairs

Partnership:

- The Hong Kong Jockey Club Charities Trust

It combines online self-help mental health support platform with in-person counselling services, offering tailored support levels based on the mental health needs and challenges faced by students in academic and personal lives.

<Jockey Club Electronic Clinic for Psychological Service (JC eClinic)>

Common mental disorders such as depression and anxiety are highly prevalent among young adults. The clinical psychological services team of New Life Psychiatric Rehabilitation Association aspires to make evidence-based psychological interventions more accessible and affordable to the public. They offer the following service to young adults free-of-charge :



Jockey Club Electronic Clinic for Psychological Service (JC eClinic) offers high-intensity psychological intervention through online platform for young adults with mixed diagnoses of depression and anxiety. It offers a hybrid mode of delivery, including an online platform with self-learning modules and live sessions meeting with therapists. The therapy delivered by JC eClinic is Transdiagnostic Cognitive Behavioral Therapy developed by Boston University.

Details : https://eclinic.hk/e_clinic/

<Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

24-hour Hotline: 2389 2222 (Cantonese)

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

English Emotional Support Hotline: 2389 2223

An English Emotional Support Hotline has been set up to provide emotional support to English speakers

Service Hour : Monday to Friday 6:30 pm-10:00 pm

Suicide Crisis Intervention Centre: 2341 7227 for appointment

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

Family Helpline: 2319 1177

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

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7. Independent Learning Centre (ILC) Services for Students

Independent Learning Centre (ILC) provides a resource rich environment for students to reflect on and engage in their role as Independent Learners. If you are interested in improving your academic and language skills, you can

visit the ILC website regularly for the latest updates (<https://www.ilc.cuhk.edu.hk/EN/workshops.aspx>). Below are some ILC workshop highlights for the academic year 2023-24 :

1. University Study Skills Series
2. Writing Success Series
3. Job Preparation Series
4. CRE/ JRE Series
5. Exam Preparation Series

If you are looking for more advanced reading and writing skills, here are some online modules you can use: Active Reading Series (which provides tips and practices on reading journal articles more critically, more efficiently, and more effectively); Critical Thinking Series (which shows students what logical fallacies are and how to avoid them); and the Academic Publication Series (which shows novice writers the road map of getting their first papers publishes) - <https://ilc.link/ARCTAPS>

For students who think they will benefit from having a one-to-one meeting with our teachers on their specific learning needs or need guidance in devising their independent learning plan, they can book a 30-minute consultation session, and our schedule can be found here: <https://www.ilc.cuhk.edu.hk/EN/consultation.aspx>

The ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support our students. Details are available at: <https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx>

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8. Guided Imagery videos are now available on Sunshine At CUHK's YouTube and Mobile App 意象鬆弛法影片現已登陸中大有晴 YouTube 及 手機應用程式



Living in a busy city, we often feel the urge to escape and release the emotions that have been piling up. However, it's not easy to set aside a whole day from our studies or work.

Guided imagery can help you relieve stress and soothe anxiety by imagining a tranquil and pleasant place. Simply set aside 10 minutes and go on an impromptu journey with Sunshine At CUHK.

Guided Imagery - Forest (English Version): <https://youtu.be/Ie16jU9h6Kc>

♣ Walking through an imaginary forest through guided imagery and allowing yourself to relax.

Guided Imagery – Lake (English Version): <https://youtu.be/vQCrlWhyI68>

 Enjoying an imaginary lake view through guided imagery and finding your inner peace.

Guided Imagery – Mountain (English Version): <https://youtu.be/GZPMIsTDhKc>

 Hiking on an imaginary mountain through guided imagery and awakening your inner strength.

Other guided Imagery videos are all available on Sunshine At CUHK's YouTube channel. Remember to comment, like, and subscribe!

 Sunshine At CUHK 中大有晴: <https://youtube.com/@sunshineatcuhk9210>

You can also enjoy the guided imagery videos in Sunshine At CUHK Mobile App under the “Mindfulness Exercise” section. Download it now!

 iOS: <https://apple.co/3qKoTDK>

 Android: <https://bit.ly/3wS5JNt>

生活在忙碌的都市之中，我們總會想出走一下，解放堆積如山的情緒。但要放下學業或工作一整天又談何容易。

意象鬆弛法可以通過想像一個寧靜宜人的地方來幫助你緩解壓力和焦慮。只要 10 分鐘，讓中大有晴陪你來一場說走就走的旅程。

意象鬆弛法 – 森林篇(廣東話版): <https://youtu.be/SnpmdYdvial>

 透過意象鬆弛法，在腦海中漫步森林，讓自己放鬆一下。

意象鬆弛法 – 湖水篇(廣東話版): <https://youtu.be/D8vPbHU0teo>

 透過意象鬆弛法，在腦海中欣賞湖水，尋找內心的平靜。

意象鬆弛法 – 山丘篇(廣東話版): <https://youtu.be/TstpaewapjI>

 透過意象鬆弛法，在腦海中登上山丘，喚醒內心的力量。

其他意象鬆弛法影片盡在中大有晴 YouTube 頻道。記得留言，讚好同訂閱啊！

 Sunshine At CUHK 中大有晴: <https://youtube.com/@sunshineatcuhk9210>

你亦可於中大有晴手機應用程式中的「靜觀練習」欄目中觀看意象鬆弛法影片。立即下載！

 iOS: <https://apple.co/3qKoTDK>

 Android: <https://bit.ly/3wS5JNt>

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To unsubscribe, please email us at info.wys@cuhk.edu.hk.